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## SEXY UNDIES SPECIAL! Crouchy calls as Cross of the Sea Masters The Sea Masters The Sea Masters







### **IN THE Nuts OFFICE!**



## NUTS / E //S

IN THE DOGHOUSE, EVERY WEEK!

**Nuts EXCLUSIVE!** 

### On set with Mitchell and Webb!

Nuts goes behind the scenes of their chucklesome sketch show!

e've been chums with David Mitchell and Robert Webb ever since we grilled them about the first series of That Mitchell And Webb Look in 2006.

Well, it's back for a fourth series, so the boys invited us to the studios to watch them film it.

That Mitchell And Webb Look: Series 4 starts in July on BBC2



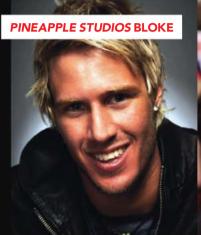




### **Nuts NEWS**

# Big Brother Big Calcage Big Brother Brother Big Brother Bro

Do this year's housemates look familiar? Here's why!

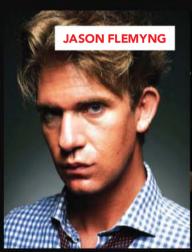












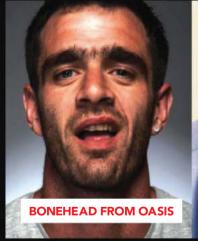


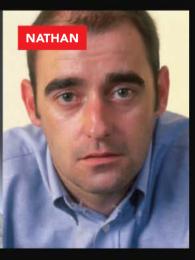




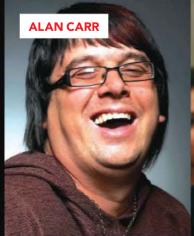


















### **Nuts NEWS**









## to head-turning cars, this priceless BMW M3 GT2 le

When it comes

 This is the latest BMW Art Car, with graphics designed by US artist Jeff Koons.

• The BMW M3 GT2 is the 17th BMW Art Car, a project that started in 1975 when French racing driver and auctioneer Hervé Poulain invited an artist to create a canvas on a car.

 According to Koons, the design is "evocative of power, motion and bursting energy".

 And the M3 GT2 has energy, alright – this stripped-down, racing version of the M3 GTS road car is powered by a 4.0litre V8 engine that produces a pretty hefty 500bhp.

- It can sprint from 0-60mph in under 3.2 seconds, while top speed is around 200mph!
- This awesome performance is largely down to the fact that carbon-reinforced plastic (CRP)

has been used to replace the original bodywork, delivering substantial weight reductions.

- Lightweight magnesium wheels are also fitted.
- This car has just taken part in the 24 Hours of Le Mans sports-car race in France.



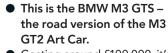


## TET aves rivals standing!

- It was given the number 79 in tribute to the 1979 BMW Art Car, which was painted by artist Andy Warhol.
- Want to get your hands on this work of art? Forget it – the car isn't for sale at any price and is destined to become a museum exhibit later this year.
- However, you can snap up a BMW M3 GT2 race car. But you'll need roughly £350,000 in your bank account!



### Meet the road car-the BMW M3 GTS!



- Costing around £100,000, it's the most expensive BMW M3 road car ever built!
- The 4.4-litre V8 engine produces around 450bhp.
- Removing the air-con, radio, satnav and back seats has made the car nice and light.
- This gives it a 0-60mph time of 4.4 seconds. Add an incredible 190mph top speed and Porsche should be losing sleep.
- Using the GT2's suspension technology, the subframe is adjustable, allowing you to lower the GTS by 16mm at the front and 12mm at the back.
- The BMW M3 GTS will be available in any colour – as long as it's orange!







### It's England's secret weapon -Rosie's breasts!

ith the World Cup in full swing and most of the favourite nations looking to be in fearsome form, we decided that England needed a little more help to get to the final – beyond sticking big Emile on the first plane home, that is.

Now, everyone knows boobs have magic powers, and the most magical of them all belong to Rosie Jones! So we found the boobiest pic of Rosie we could and took it out on the streets for some good-luck rubbing. And if our boob-fondling plan doesn't help England to glory, remember – it's the taking part that counts!



**WORLD CUP 2010!** 

### Peter Crouch

The big frontman, straight from the training ground

i Crouchy! Now the game against the Yanks is out of the way, please tell us England are going to win the World Cup!
I wouldn't say we're favourites – Spain are, because they're the best side in the world – but look at our qualification. We were awesome! We've got a brilliant manager and a real winning mentality and buzz around the camp. We can maybe do something this year.

So that's a yes? I didn't go that far. Ha-ha! Previously, we've talked and talked before the tournament and it's not quite come off. This time, we'd rather just shut up and let our football do the talking for us.

You have to wear blazers now, and mobiles are banned. Fabio's a strict old boy, isn't **he?** There were rules in place before but they're obviously enforced a lot more now under the new manager. He expects everyone, whether you've got 100 caps or you're getting your first, to behave the right way. What's it like when you're not training or playing at these big tournaments? It can get extremely boring! But we have to lock ourselves away and just concentrate on the games. There's a massive, massive

carrot at the end of it – winning the World Cup. If it takes four weeks of boredom, fine. Do you get time to stick your console on during the down time? Yeah, I'm playing a lot of Fifa and Call Of Duty right now.

Which side is your weapon of choice when you take people on playing Fifa? Usually Barcelona. For me, they're the best club side on the planet although maybe not when I've got the controller in my hands! Who are the jokers in the England dressing room? All the lads get on really well but I'd say Wayne Rooney is the joker. Does anyone do a Fabio impression? No, I don't think anyone would dare do that! Not even a quick sneaky one behind his back? No chance! It wouldn't be worth it! Who's more aggressive in the dressing room - Fabio or Harry? Both of them are quite scary sometimes. Neither are shy about giving out a rollocking - trust me on that!

### "We'd rather let our football do the talking!"

If we've played badly, Harry,

in particular, is not averse to telling us he's unhappy.

Do you ever regret doing your robot celebration? No, I don't regret it at all – it was just a bit of fun. I said I'd do it if I scored and when I did, it just escalated!

So will we see it again? I'm sure it'll come out again. The only problem is I'm not sure how it goes down with the manager, so I've laid it to rest!

But if you scored in the World Cup final, we don't think he'd mind! True! That'd be a dream come true, but I'm not getting too ahead of myself. As a team, we've said we don't want to shout and scream before the tournament, we'd rather go out and prove we're a good side. It's up to us to do the business now!







### TIME FLIES... 1994-2009

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### **SPACE SHUTTLE!**

## "We have lift off!"

### Shuttle leaves F-15 in its wake!

o, this isn't the latest errant shot from Emile Heskey. It is, in fact, the Atlantis Space Shuttle blasting into space at a whopping 1,000 miles per hour!

It's not often you see an F-15E Strike Eagle (pictured in the foreground) look like a slovenly slowcoach, but that's just what happened as Atlantis completed its final ascent at nearly two-andhalf times the speed of sound!

This shot was taken by pilots above the Kennedy Space Centre as they captured the shuttle's last journey to the International Space Station. Upon its return, Atlantis will be retired, along with the rest of the fleet.

Pity we can't say the same thing about Heskey!

### Spaced out

- The Atlantis space shuttle has clocked up 32 missions and 195 million miles in 25 years of service.
- It's launched probes from orbit and been to Russia's Mir space station more than any other shuttle.
- Two more shuttle flights remain – Discovery launches in September, and Endeavour will make the final flight in December.
- With over 2.5 million parts, the space shuttle has been called the most complex machine ever created by man.







Model Rosie Huntington-Whiteley is set to star in *Transformers 3*!

ats off to director Michael Bay, because when it comes to casting pantspinningly sexy leading ladies in movies, he's the king!

Thanks to Bay, we've seen the super slo-mo delights of Megan Fox in Transformers 1 and 2, and now Rosie Huntington-Whiteley has signed up for number three!

20 Nuts

With Fox walking away from the franchise, 23-year-old Brit beauty Rosie - who starred in last year's hot Agent Provocateur ad – will provide the eye candy when the film drops in 2011.

as a sexy cheerleader and locked lips with another sexy lady in her latest film. We're just saying!



her on a Victoria's Secret commercial. She says, "Licking your lips is a turn-on, as is arching your back. I can do sexy!" We say, "Bring on Transformers 3!"

See Rosie's sexy lingerie ad at nuts.co.uk/spambank Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



I felt my finger but on the forest of the fo

tudent and car factory worker Kris Tovey, from Bristol, won't be building any engines for a while after a trials bike crash left his finger in the shape of a staircase!

"I was out on my bike, going over a line of dirt jumps," Kris, 17, tells Nuts, "but I overshot, flew over the handlebars and smashed my finger into the floor.

"I didn't know I'd done it until I got up and felt a torrent of blood running off the end of my finger.

"At hospital, the doctors told me there wasn't anything left

to plate together, so I had wires and 29 stitches to repair it. I'll get full use of my hand back soon and I'll be back on the jumps!"

See the gruesome video at

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!\* Submit your images and contact details to dontlook@ipcmedia.com



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## Nuts GEAR

### The iPhone evolves!

Just when we thought it couldn't get any sexier...

### Apple iPhone 4

www.o2.co.uk

Nuts says: The world's most desirable phone is now even better! The iPhone 4 is built of sturdier materials and has a sexy new look, a faster chip, two cameras, an upgraded operating system and longer battery life. It's like you've upgraded your missus to Megan Fox. And it's out next Friday!

### TWO CAMERAS

With cameras front and back, you can send and receive video calls (only via Wi-Fi and only iPhone 4 to iPhone 4), and flip the cameras to show either your face or the outside world. The 5.0-megapixel cameras come with LED flash and also shoot high-def movies, which you can send to your mates.



### SCREEN

The 960 x 640 backlit LCD display has a pixel density of 326 pixels per inch – more than any other currently available phone and most computer screens. Blimey!

### **MULTI-TASKING**

The new operating system adds multi-tasking, so you can have multiple apps running at the same time. Plus it has the same speedy chip as the iPad, so it'll blast through apps and games.

### MICROPHONES

There are now two mics

- one for your phone calls
and another to add active
noise reduction to suppress
background sound, so your
calls should be even clearer
than they were before.

### **BODYWORK**

The stainless-steel frame acts as an antenna, while the glass front and back (made from helicopter windscreen-grade glass) aid reception. And it's impossibly thin at 9.3mm!

**DROPS ON 24 JUNE!** 

Check out more reviews at www.nuts.co.uk/reviews

### YOUR LETTE

The page that's too scared of paper cuts to open our own mail!

Send your letters to **nutsletters** 

### Guess who's Beck in camp?

Dear Nuts

This is me in Camp Bastion, Afghanistan, with some chap who apparently is quite handy with a football.

### Cpl Britton, Afghanistan

You should have challenged the Taliban to a kickabout – you'd have creamed them with a ringer like that!



Oh, to be a beer bottle

Dear Nuts,
This is me (far
right) and my
friend Stacee
showing off our
special party trick!

Charlotte C, Rugby
Very good, Charlotte! Er, don't

suppose you have any other party tricks you'd like to show us? Feel free to send more pics!



### Not very sweet

Dear Nuts,

While cleaning shelves at work, I found these Smarties stacked up, so I quickly went to work!

Scouse, Swansea

Good work. Although we'd have eaten the contents first!



### G, that's awful!

Dear Nuts, I saw this car recently. What a way to ruin an awesome car!

Anon, via email

Well, they say the male G-spot is a bit of the arse, and this chap certainly is a bit of an arse!



Dear Nuts,

Here we are on top of Ben Nevis with *Nuts*. We are (l to r) Tatts, Pest, Woody, Spence, Jedward, Snarf, Howling Mad and Swin.

Jon Spencer, via email

Do we even want to know how Pest got his nickname?



### Yes, if you're also a dog

Dear Nuts,

I was trying to ask "Can I get a tax reimbursement?" when this came up! Do people really ask that?

Matthew Smith, via email

Ha-ha! That's ridiculous! Can you?
We're itching to know!

"Er, honey, can we talk about your internet history?"

can i get can i get pregnant from a dog



STEALTH BUMMING



@ipcmedia.com or to the address on p72



### **The Dragan**

Dear Nuts.

This is me (right, winner of the Maximuscle Dragan Challenge) - after successfully taking on Dragan Radovic (world record holder in endurance lifting) - and your lovely Leah and Daisy at Seni 2010 at ExCel London recently.

James St Leger, Bristol

And you got to stand next to two hotties? Maybe we should try this "gym" stuff one day!



### Making rude signs again...

Dear Nuts,

This place is supposed to be Puckrup, near Tewkesbury. But someone's been vandalising!

Andrew Mosley, via email

Finally, somewhere for the Nuts staff to live after we retire!

See more funny stuff at www.nuts.co.uk/spambank



### Win £100 to spend at PLAY.com

Send your letters and hilarious spam pictures to nutsletters@ipcmedia.com or to the address on page 72. The sender of the week's best letter\* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs, digital downloads, mobiles, electronics and more!



### YOUR JOKE

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### SHORT JOKES!

lan Holloway has made a guarantee to Blackpool fans that his side are going to stay in the Premier League for at least three whole seasons. Autumn, winter and spring

Q: What's a hindu?

A: It lays eggs

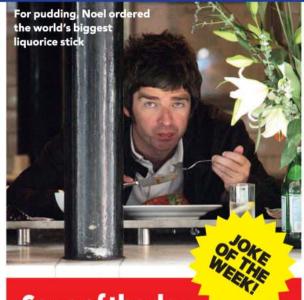
Q: What does a Polish woman get on the night of her wedding that's really long and hard?

A: A new surname

Colin Meaney, Frome

The Hogwarts episode of *Cribs* is the worst. Every room they go in, someone says, "This is where the magic happens."

George, via email



Soup of the day

Noel Gallagher walks into a restaurant and says, "Can I have some tomato soup?"

The waiter says, "Of course. Would you like a slice of bread with that?"

"No," says Noel. "I wanna roll with it."

Matt Morris, London

### Double trouble

An old man goes to the doctor's for a check-up. The doctor runs the tests, shakes his head, then sits the old man down.

"I'm very sorry," he says. "I've got a couple of bits of bad news. First, I'm afraid you have cancer."

The old man is shocked and a tear wells up in his eye. The doctor waits for a minute for the news to sink in and then carries on. "You're also showing early stages of Alzheimer's disease. I'm really, really sorry about this."

The old man sits in silence for a little while longer, head hung down. Finally, he looks up and puts a smile on his face.

"I suppose it could be worse," he says. "I could have cancer." Rich Arden, Essex



Going to the dogs

An Aussie is suffering from terrible back pain, so he pays a visit to his local chiropractor.

"I think it's because I've been having lots of sex doggy-style," he says.

"Why don't you try doing it a different way?" asks the chiropractor.

"I have," replies the dim Aussie. "But the dog just keeps licking my face!" Phil White, via email



HOTOS: REX, GETTY, ALAMY, PA, ALLSTAR, SPLASH EDITOR'S DECISION IS FINAL. TERMS & CONJITIONS ON PAGE 72 APPLY

### Win a St George's flag acoustic guitar!

Send jokes to nutsjokes@ipcmedia.com or the address on page 72. To celebrate the World Cup, the sender of the week's best joke\* will win an exclusive and very patriotic St George's flag acoustic guitar, courtesy of Freshman Guitars. With Fabio's boys needing all the help they can get, a bit of axemanship may just send them on to victory. Come on, get those gags in now!





### lot of fun

A Catholic, a Baptist and a Mormon are bragging about the size of their respective families.

"I've four boys and my wife's expecting another," says the Catholic. "One more son and I'll have my own basketball team!"

"That's nothing," says the Baptist. "I have ten boys now and my wife is pregnant with another child. One more son and I'll have a football team!"

"You both should be ashamed of yourselves!" says the Mormon, rather smugly. "I have 17 wives. One more and I'll have my very own golf course!" Jonny Hanlon,

### Men's talk

Two blokes are in a pub discussing their wives.

"My wife's been told that she's got to lose loads of weight," says one.

"Yeah," says the other, "it was me who told her." Terry, Rotherham

## **FAMOUS BLOKES'**

### **RUSSELL HOWARD:**

"You go on any internet chatroom and it's just people swearing at each other. Have people always been this angry? I think before the internet, people just wrote 'F\*\*k you!' on bits of paper and attached them to pigeons"

### **MILTON JONES:**

"I was sitting in traffic today.Igot run over"

**REGINALD D HUNTER:** "I got fined \$100 in **Amsterdam** for p\*ssing in the street. And the sad thing is that I could've spent \$30 p\*ssing on a hooker and no one would've said sh\*t to me"

**FRANK SKINNER:** "I hate it when celebrities say, 'Do you know who I

am?' I

heard

"Why would you ever use your Hoover's minimum setting? To just suck up the top layer of dust then save the rest for later?"

**RHOD GILBERT:** 

**DAVID NEWTON:** "Am I the only one who thinks that South Africa shouldn't be hosting the World Cup? We couldn't even get into the Cup Of Nations, and some of the teams in that can barely afford oranges at half-time"

Pete **Doherty** say it once, but he was genuinely trying to find out"

ARNAB CHANDA: "I kind of treat people who are religious like people who watch The X Factor. I'm like, 'Really? Still?"





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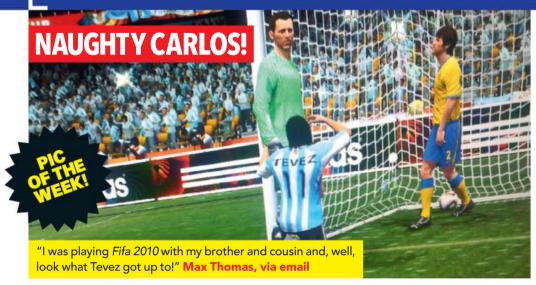
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Seen something daft? Snap it, send it in and win £100!

Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply\*). Pic Of The Week wins £100 cash!\*\* T&Cs on page 72.





"My mate fell asleep, we got the pen out and the rest is obvious!" **Herman, via text** 





**LAZY SPUD!** 







# The best of the worst of your terrible tats! ONLY IN Send your pictures to nutsletters@ipcmedia.com









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HAYLEY LEEANNA 24, from Peterborough
"Here's some information for you – I have big boobies!"



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**LISA 24, from Guildford**"Now the sun's out, my boobs have decided to follow suit!"



**SAMMY 23, from Sheffield** 

"I saw this sign and just couldn't resist making the most of it!"



**KELLY** 26, from Kent

"This is me in the woods at night with my booty out!"



### THE TRUTH ABOUT SEX WITH... ROSIE JONES!

\*

*Nuts* girls solve your bedroom bother!

Email questions to thetruth\_sex@ipcmedia.com



### **Should I get** it pierced?

I've wanted to get my wang pierced for years but have never had the courage. How do girls feel about pierced willies? Troy, London

Oh my goodness! I've never come across one. I think I'd be scared of it! I like piercings but just not there - remember, you have to put it places where it might get stuck to something! Some girls would like it, though.

### **Nuts BABES' SEX TIPS!**

<mark>-No.18:</mark> "It's great fun to use loads of baby oil during foreplay. It gets rather messy but believe me, it's definitely worth it!" **Jodie Gasson** 



### Can she really?

I know a lass who claims she's able to go down on herself! Is that possible? And if you could do it, would you?

Deano, Bury St Edmunds

No, I wouldn't! I think the girl in question fancies you and is trying to get you interested. If she really can do it, she should go on Britain's Got Talent!

### Is it time to lose johnny?

I always carry a condom but the other day, I was on a date and the girl clocked it in my wallet. She had a go at me for assuming I was going to get laid. Should I stop carrying one around? Sean, York

No, you should carry one all the time. It's a sensible thing to do after all, you never know when you're going to get caught on the spur of the moment. She's mad to have a go at you for that!

### My girl has **busy fingers!**



Nuts 35



## The bearded funnyman on his new film, pulling Katy Perry and meditation!

i Russell! In your new movie, Get Him To The Greek, you're a rock star who loves drugs and women. Weren't you just a little bit worried about the effect playing that part might have on you? No, I didn't think I'd relapse. It was quite interesting, actually – the props person who gave me pretend cocaine to take in one scene was himself 21 years clean. I went, "What's this?"

He said, "This is organic matter." That's something you read on a Nestlé label! I was like, "What's organic matter?" He went, "Oh, nothing." I said, "It just killed some kids." He was like, "What?" Yeah, so to answer your question, I'm in, like, a daily program of recovery and everything, so one day at a time I'm alright. Some people think the power of positive thinking is mumbojumbo, and perhaps they're correct. But apparently, if you just fill your head with positive stuff, it'll all be alright.

Did you use positive thinking to chat Katy Perry up? She chatted me up! She's a very confident person. I was taken aback, a bit swept off my feet, intimidated. And since then, that realm of intimidation has continued into what I now know to be the state of fear called a "relationship".

Was that skimpy West Ham outfit she wore to host the MTV Europe Music Awards your idea? Not at all! It was a complete surprise to me.

I saw the awards and she was dressed in that claret and blue thing, and I thought, "Bloody hell, I've managed to make a thing from my childhood appear on the telly screen!"

It made me feel like I was some kind of magician.

Didn't it have your Twitter pseudonym, "Rusty", written on the bum as well? When you say things like "rusty on the bum", you should be a little bit careful! People will get the wrong idea. On Twitter, I'm known as "Rusty Rockets" because I didn't realise what a phenomenon it would become, and now I'm stuck with a stupid name. So there you go – be careful what you call yourself!

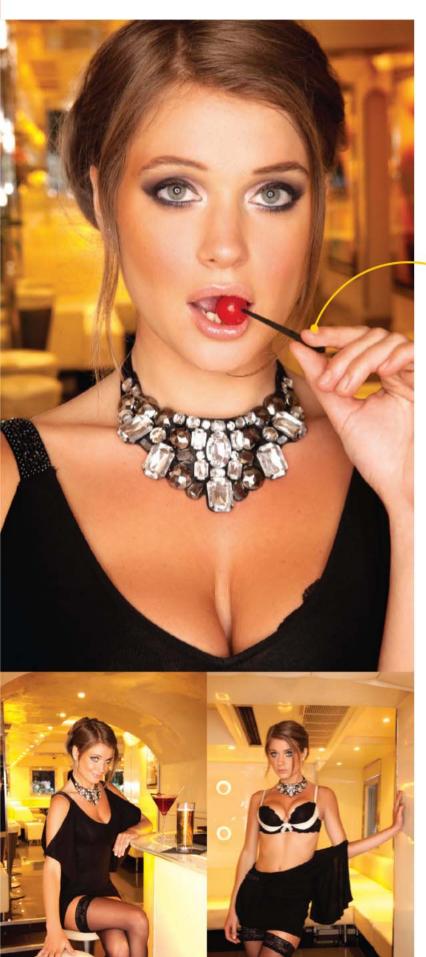
### Katy chatted me up! I was taken aback, intimidated"

Do you reckon West Ham will wear it next season? I suggest West Ham promote that to their first-team strip. I think they should wear sexy little West Ham basques and run out going, "Ooh, chase me!" I don't think it would affect results that badly.

You have a reputation as a ladies' man, so what did Katy's parents make of you? They're religious folk. They're born-again Christian Baptists and her father is, in fact, a preacher. But it went alright. I was just very polite to them.







# IS WAYS TO GET A ONE-NIGHT STAND...

Kezia Noble, the UK's leading female pick-up coach, gives us her top tips for "wooing" a lady!

"Always let her know you have high standards. Women are attracted to men who they think will be a challenge. Us girls love men who aren't a pushover!"

DON'T: Tell her how great she looks straightaway.

DO: Give her a double-sided compliment, like "You look great, but if you wore sexy high

heels, you'd look much better!"

"A common mistake men often make is being too keen to keep the conversation going at all costs. Asking too many questions, one after the other, just sounds desperate!"

**DON'T:** Ask her more than three questions in a row.

**DO:** Test her interest by seeing if she asks questions about you.

MAKE HER JEALOUS!

"If a woman starts to feel jealous, even after a couple of hours in your company, this is a good sign! If she considers you to be someone who never looks at another woman, her interest will eventually wear off."

DON'T: Leer at women like a sleaze. Nobody wants that!

DO: Make a remark about how attractive another woman is.

"Never go up to a girl and offer a drink as an opening. Not only is every guy doing this, but it could also burn a hole in your wallet early on in the night. Women often say yes to a drink with zero intention to stay with you for more than five minutes."

DON'T: Flash the cash early on.

DO: Offer her a drink about ten minutes into your chat.

"Us girls never go home with 'Mr Nice' because he's bland, replaceable, needy and dull. We want a man who's fun, cheeky, challenging and his own person. Nice guys don't finish last – they don't finish at all!"

DON'T: Nod your head and laugh at everything she says.

DO: Be cheeky and challenging, and be your own person.

#### **EXPERT PICK-UP TIPS**

STAND OUT FROM THE CROWD!

"It's easy to get lost in a sea of men, so to make more impact physically, try to go against what the rest of the crowd are doing. It may feel odd at first but you'll soon see the results."

DON'T: Be a sheep and follow what everyone else is doing.

DO: Be more animated if the men around you are lounging around – and vice versa.

"Act as if you're the prize.
Don't let a woman call the shots just because she's hot.
The idea is to make her feel you're the best thing in the room and she's lucky to have you."
DON'T: Come right out and say that you're brilliant. You need to act confident, not arrogant.
DO: Make her feel you're a guy she needs to work on to please.

FIGHT OFF THE COMPETITION!

"If you have a rival, don't get jealous because that hands the power to her. The best thing to do in this situation is the last thing she expects you to do."

DON'T: Show her you're upset by your competitor's attentions.

DO: Tell her the guy she likes seems like a "nice person" and a "sweetheart" – this turns us off!

"Have a camera filled with photos to show women what a fun and interesting life you lead. But think carefully about what you have on there — a picture tells a thousand words!" DON'T: Show her pictures of you being drunk with the lads. DO: Show her pics of a pet. It proves to her you have a life outside the nightclub.

BOOZING!

"Women often start off liking a guy, but by the time things are heating up, he's slurring his words and being obnoxious. This is because too many men use alcohol as a confidence booster."

DON'T: Get wasted!

DO: Monitor your drinking during the night, maybe have a soft drink every other round.

TALKING THE TALK!

"Women often want to
experience that feeling
of animalistic passion with a man
they barely know, rather than
something romantic or cosy. We
reserve the lovey-dovey stuff for
men we're settling down with."

DON'T: Promise her massages,
scented baths and candlelight
ahead of your love-making.

DO: Tell her what you plan to do
to her. But be sexy, not scary!

LEAVE HER
WANTING MORE!
"After you've got her
interested, say you're going back
to your friends for a bit and you'll
see her later. She'll love the
confidence and won't find another
guy while you're gone."
DON'T: Linger in her space.
DO: Make excuses to leave for
a while. It'll make your return
later on so much more special!

BE A BIT CHEEKY!
"I always suggest roleplay (not that kind!).
When your friends want to meet
this girl, introduce her as your
mother-in-law or your ex.
Women love that tongue-incheek approach to flirting."
DON'T: Go too far! You won't
get far if your jokes offend.
DO: Make her feel this teasing
is a special "thing" for you two.

BUILD SOME TRUST!

"Give her a nickname.
These build familiarity
between people very quickly, so
why not use every tool at your
disposal? This'll help her to get
more comfortable with you and
build up trust in you, too."
DON'T: Insult her with your
choice of nickname!
DO: Be inventive. Just sticking
a "Y" after her name won't do it!

EASE THE TENSION!
"If she's still nervous,
try to lighten the mood
with a couple of jokes."

DON'T: Say things like, "I won't
try it on." Women hate a liar!

DO: Add a playful feel to what
could be an intense moment. ■

Kezia Noble's book, 15 Steps To Becoming A Master Seducer, is out now, priced £7.99







www.pkr.com/nuts



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This tiny projector comes with an integrated USB video reader, so you can project films, photos etc without the need for a PC. www.benq.co.uk ■

# Nuts GAMBLING MASTERCLAS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

#### **Deal or No Deal top tips!**

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

#### **HOW TO PLAY**

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

#### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

#### DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

#### He won big!

Chris B won £456,168 or Deal or No Deal!\*\*

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO £100 FREE PLAY\* ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE NUTSA24

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JESSICA-JANE CLEMENT PRESENTS...

### Awesome in Undies!



# Beautiful babes wearing very little. One word - perfect!

n case you haven't already guessed, we absolutely adore women here at Nuts. Seriously, there's nothing we love more than celebrating the wonder of the female form in all its glory, and this time around, we wanted to do something that really highlighted just how wonderful our lady-folk actually are. So we locked our crack team of boffins in a secret bunker and asked them to come up with a plan to truly illustrate just how eye-poppingly awesome women are. Their answer? Stick them in some fancy lingerie. And good heavens, they weren't wrong!



i JJC! This shoot is all about sexy lingerie – what's the sexiest piece of lingerie you own? I like really kinky undies. I believe less is more, so what I wear in the bedroom probably isn't something you'd wear out! Has a bloke ever bought you lingerie? Yeah, one guy bought me loads of expensive lingerie

but I prefer to get my own because I know what I like. Why can't blokes get it right when it comes to buying their other half lingerie? They tend to buy stuff that's the correct size, then it pinches. My advice to men is to buy the bottoms a size too big and the bra one size too small. That way, it's comfortable and still makes your lady's boobs look bigger.

What's the sexiest lingerie you've ever worn for someone? I don't think you can beat a high heels and silky dressing gown combo. Then, when your man steps through the door, drop it to the floor and give them a real treat!
What one ambition do you have that you've yet to achieve? To get a six-pack.
I've never been able to get one.

Do you have any weird phobias? Yes, I hate Postman Pat. It's that big nose. It makes me feel weird. When I think about it, it disturbs me. Where's the weirdest place you've been recognised? In a nightclub in Las Vegas. An American guy spotted me but I pretended it wasn't me because I was drunk and didn't want to shame myself!









Rhian sugden



i Rhian! How do you pronounce your name? It's easy – just say it like you're saying Ian but with an "R" in front.

Thanks! Today's shoot is

Thanks! Today's shoot is all about wearing posh, classy and sexy lingerie. What's the most you've ever spent on undies?

Probably about £50 on a pair of knickers from Agent Provocateur, but they were nice. You should have seen me-I looked great in them! Bet you did! If you spend that much on pants, are you not worried about ripping them in the bedroom? I'd just have to make sure that I took them off myself. I wouldn't waste that much on pants and then not let anyone see them!

What makes a good bra? It

What makes a good bra? It has to fit, lift you up, and look good of course. La Senza or Ann Summers are best. What's the least you've ever worn on a night out? I've actually just worn stockings, suspenders and a bra to go to a nightclub called Swanky's. It was a porn party theme! Thanks, Rhian! Finally, which of the girls here today has the best boobs? I'm going to say Lindsey Strutt, because they're massive! I think they're bigger than my head!



#### Lindsey STRUTT

i Lindsey! Of all the lingerie you've seen today, what would you most like to take

home? To be honest, the dressing gown I've got on right now! I love my sexy underwear but get me in a pair of pyjamas with a dressing gown and I'll be happy all day! If you're going to get lucky with your special fella, is there any particular set of underwear you wear? No, because I'm more of a spontaneous girl, so I don't plan ahead, it just happens.

What's the smallest outfit you've ever gone out in? I'm a curvy girl, so I try to keep things in! A nice dress that covers up a lot is best because you can imagine what's under there!

What kind of underwear do you wear to make yourself feel sexy? Matching! I feel horrific if I know my knickers don't match my bra. What sort of underwear do you own the most of? Mainly thongs, because they go with anything, and you don't have to worry about your knicker-line.

Thanks, Lindsey! Finally, who would you most like to do a sexy shoot with? This is hard, because quite a few of my friends are in Nuts as well, so I'd probably say one of them because it's just easier when you get along with the model. Emma Frain's fun to work with, Rhian's a good friend, Peta has massive boobs... basically, all the Nuts babes!



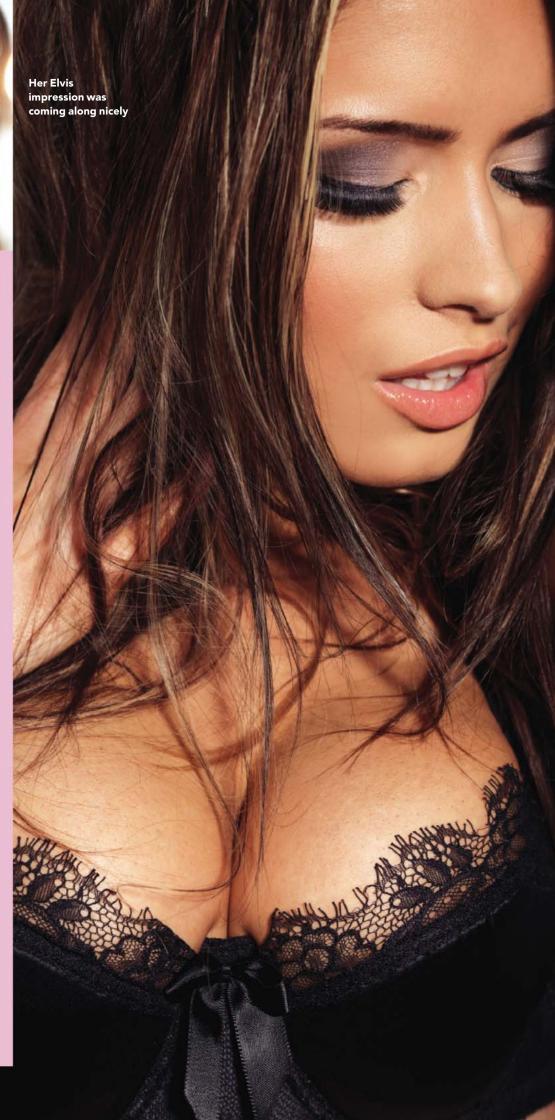
#### Kelly ANDREWS

i Kelly! What's your fave type of sexy lingerie? I like silky or lacy things, like those little suspender belts with a little bit of a frill around them – black or pink trim – so it's girly but still sexy. Stockings too!

Do you own lots of sexy lingerie? I've got so many knickers and so many bras that I can't even count them! I've got this big drawer at home and if I want to impress a lad, I have a root and decide how I feel on the night. I like to vary it. Have you ever dressed up in a saucy outfit for a bloke? Well, a lot of the girls in Liverpool go out in fancy dress, so from all the birthday nights out and stuff, I've probably got half of Smiffy's joke shop in my wardrobe!

Have you ever been asked out by someone famous? Not yet! All my friends are really gorgeous and everyone always thinks they're models, though.

Do you ever go commando? I've done it a couple of times, but I try not to do it when I'm wearing a dress because imagine if you're walking up the stairs or fall over! What's the sexiest thing you've done for a man? A striptease. I was going out with him, though, I don't just do it for random boys! Thanks, Kelly! Finally, which sexy babe would you most like to share a sexy Nuts photo shoot with? Carmen Electra. She's just gorgeous. She oozes sex!









i Holly! What's the most you've spent on underwear? With stockings and everything to go with it, I think the set probably came to about £80!

### Blimey! Don't you worry they'll get ripped in the heat of the moment?

heat of the moment?
I've never had anything
expensive ruined, but it's

not like I wear them day-today. The thing is, I can only wear it once – if I wear it again, the bloke will be bored of it! What kind of underwear do you own most of? French knickers. I own lots and lots of French knickers, probably 80 pairs. It's embarrassing! What makes a good bra? Lift, to give you a good cleavage. I like them when they've got a plunge at the front so you can see more of the boobs! Thanks, Holly! Finally, what advice would you give a man

buying sexy lingerie for his other half? Ask the assistant for help. She's going to have a better idea than you. Take note of what your girl already wears and what flatters her and just ask! My ex-boyfriend used to ask the shop assistant for anything – underwear, vibrators, the lot! He used to take his mates as well, so they knew everything I had!



i Le Tiss! You scored an amazing 47 out of 48 penalties in your career. What was your secret? Most importantly, I looked

forward to taking them. Positive mental attitude was a big thing for me. After that, it was down to technique and I could side-foot a ball pretty hard while being fairly accurate. Most of the time, it worked out pretty well!

We think Fabio Capello should fly you to South Africa to be England's penalty guru. Have you got the call yet? Ha-ha! No, I haven't. I did make the suggestion tongue-in-cheek in a radio interview, but nothing came of it. But if Capello rang and the players were open to that kind of thing, I'd be more than happy to go over there and give my opinion.

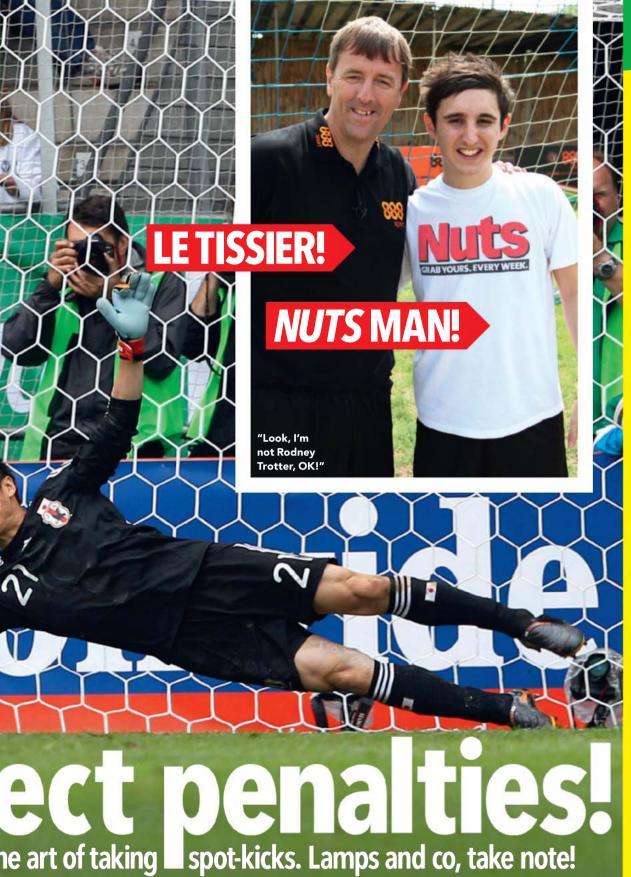
Why do you think England have such a bad record with penalty **shootouts?** It's a psychological thing, really. England got off to a bad start with them when they were first introduced and have never quite recovered from that. Now, every time there's a major

"We need a bit of luck How do you rate England's chances in the World Cup? at the right time" I'd be surprised if we didn't at least get to the semis. From the

competition, everyone brings up the bad record we've got and it just snowballs and gets into people's heads a little bit. For me, the players just have to adopt a positive attitude to it all and do their best to forget about what's gone on in the past.

least get to the semis. From there,





a bit of luck at the right time and we can go on and win it. There doesn't seem to be as much hype this time around – will that benefit the players? Yes. Expectation levels are lower this time and I think Capello has

done well to manage that. He seems to have turned England into a good team again.

What do you think he's changed? He's changed the

mentality of the whole group. There's better discipline around the place and he seems to have the respect of the players 100 per cent. I'm not sure the previous manager had that, and that's why we didn't qualify for the European Championships.

Thanks, Matt! Finally, as a former Southampton player, would you say Lucy Pinder is the sexiest Saints fan ever? Oh, without a shadow of a doubt – apart from my wife, of course!

888sport.com is offering a no-lose guarantee on your first World Cup bet up to £20 – even if you lose the bet, they'll refund you! See 888sport.com for details.

See Le Tiss vs Nuts at pens at www.nuts.co.uk/football

#### **Nuts SPORT**

# How would England's stars fare in a shootout?

We ask footy psychology expert Richard Nugent!



# "Mentally, Frank is one of the strongest players around. It won't bother him at all that he's missed his last two." Would score!



TERRY
"I wouldn't have
JT as one of the
first five takers.
His Champions
League final
miss will still
be on his mind."
Could miss!



GERRARD
"Gerrard will
relish his new
captaincy, and
Benitez leaving
Liverpool will
give him a new
lease of life."
Would score!

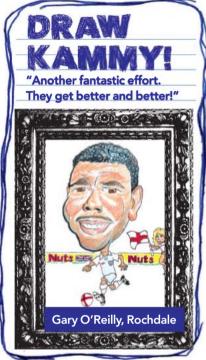


"Wayne is strong mentally, and the only risk to him scoring is if he's tired himself out earlier in the campaign." Would score!



BARRY
"It could be on
his mind that he
only just made
the tournament.
Plus, he isn't
experienced in
these situations."
Could miss!





# England can win cup for Rio and Beckham!

very World Cup campaign has its setbacks, and this year's has been no exception for England. Ever since Rio Ferdinand crumpled to the ground under an Emile Heskey challenge on the first day of training, we've all been holding our breath, hoping Rio will be the last player to miss out.

Of course, David Beckham has known for some time that he can't play, but he's still with the

"The boys seem to have a siege mentality now" rest of the team, doing his bit to help bring the trophy home. I'm surprised David wanted to be so close to the action without being able to take part, but full credit to him for giving up his time to help out where he can.

The boys took a big knock in spirit when Rio was ruled out but they seem to have a siege mentality now, which was only increased when Fabio Capello shouted at photographers for trying to take pictures of the players through their hotel windows. I think the press will give Fabio a pass on that one, but if results don't go England's way, that could change very quickly.

Of course, Steven Gerrard now has a real chance to shine as skipper but, believe me, it'll be former captain John Terry who's making his voice heard loudest on the pitch. He's a born leader and won't be able to help himself.

able to help himself.
Now their
campaign is under
way, England
can forget their
dodgy form
going into the
tournament
and do their
best to win it for
Rio, Becks and, more
importantly, the fans!

#### RUMOUR HAS IT

I hear that Lassana Diarra, the Real Madrid enforcer, could well be on his way to Man United this summer.



PHOTOS: BACKPAGE IMAGES, GETTY, PA PHOTOS



### A humbling experience

On my first day in South Africa, I went to the townships to coach some local kids, and it was an experience I'll never forget. Only one of the kids had a pair of shoes to wear, yet they were some of the most hopeful children I've ever met. On pitches strewn with rubbish, they showed me how much they loved the game, and I couldn't help but give them what I had in my pockets. I just wish I could've done more for them.



#### **ASK KAMMY!**

Hi Kammy!

Do you reckon Rafa Benitez will be a hit for Inter Milan? Or will he be as bad as he was at Liverpool? Jim Draycott, Manchester

He's got no chance over there. He'll be a huge flop because he can't follow Jose Mourinho's treble, and

he's just gone there for another big pay day after disgracefully taking so much from Liverpool.



#### Kammy needs you!

To win a signed *Nuts* T-shirt, send your funny stuff to **Kammy@**ipcmedia.com. Also, don't forget to upload your best 11-a-side goals
to www.youtube.com/thefa for a chance to win fantastic prizes!



ussell Brand is back as mad rocker Aldous Snow from hit comedy Forgetting Sarah Marshall in the ace new chuckle-fest from Judd Appatow – the comedy boffin behind 40-Year-Old Virgin and Superbad!

This time, Snow's off the wagon on a hilarious, boozefuelled, transatlantic threeday bender, and it's up to Jonah Hill (from Superbad) to brave the rocker's bonkers behaviour and get him to his comeback gig in one piece!

To celebrate the film's release, we've trawled the prima donna archives to present our top five moments of rock 'n' roll excess and debauchery!





#### Nuts' top five favourite "real-life Aldous Snows"

#### **NOEL GALLAGHER**

The Oasis star was asked to leave an awards bash and came back with "Do you know who I am?". He was informed everyone had left and he'd been talking to no one for hours!

#### **KANYE WEST**

When Taylor Swift won best video at the MTV awards, the rapper came on stage and said Beyonce should have won. President Obama called him a "Jackass!" True dat!

#### **PETE DOHERTY**

The one-man disaster zone has been arrested for driving intoxicated and car theft, and convicted of possession of ketamine, heroine and crack. And he dumped Kate Moss. Idiot!

#### **AMY WINEHOUSE**

After being booed off stage in 2007, the Camden caner said, "To them people booing, wait 'til my husband gets out of incarceration. And I mean that!" Ahh, classy stuff!

#### **LADY GAGA**

The Poker Face star came to Glastonbury with a 150-strong entourage before demanding nonsmelling cheese on ice and a bleached backstage area before she went on stage!













### NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim\_bradley@ipcmedia.com



**BOXING** You've got to be pretty hard to be a boxer because, as you see here, it can get tasty. Here's Super Bantamweight Israel Vázquez after having his face rearranged by Rafael Marquez. Nasty!







Send your sporting lookalikes to tim\_bradley@ipcmedia.com







tips from your mate Cristiano Ronaldo!

▶ GYPSY WRESTLING We've never been to Bolivia but we might book a ticket! These lady wrestlers, or "cholitas", regularly batter each other in the ring to the amusement of the menfolk. Ace!







#### MAN-LYVE CORNER!



### Food to get you in the mood













Participating stores. Subject to availability. Closing dates vary by store (earliest offer ends 16 June 2010, latest offer ends 27 June 2010). See website for details.



### QUOTE ME ON THAT!

Sporty types talking a load of toilet!

"If we win the World Cup, I'll run naked through Buenos Aires"

small clubs, fat clubs, thin clubs"

"People talk about big clubs,

"I've been to South Africa a few times, so it'll be interesting to see what it's like"

"I saw David James pick up a grown man by his ankles"

"I still fancy myself"







"The players have things to entertain them - pingpong, walking around the

grounds, reading a book"

#### 'OO-ER SOUNDS A BIT RUDE' CORNER!

"First thing **Robben does** is get down vour throat"

Graeme Souness **Dutch strike** 

"Nine times out of ten, Robbie Keane would swivel on it"

Steve Staunton makes us feel a bit sick.

"I'd like to play with Torres"

Carlo Ancelotti has a liking for the Span



"James Wade is as sick as a chip in a McCain's factory"

Darts commentator Sid Waddell chips in.



...WE'VE GONE IN T' WRONG DIRECTION...

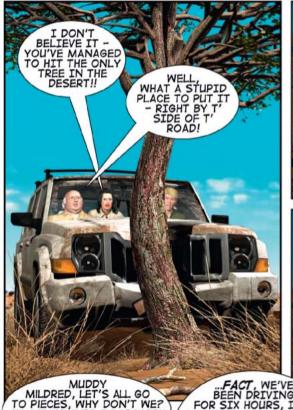




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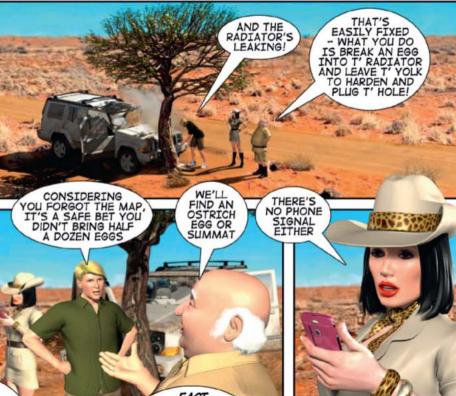
By PETE NASH and SIMON RAVENHILL

striker3d.net



















# Get the look!

Footy star Cesc Fabregas is a well-dressed man - and you can be too!

t's World Cup time again, and while we're salivating at the thought of England winning (or crashing out at the group stage if you're Scottish), the ladies are eyeing up the players.

Yes, footy chaps do alright with the ladies, what with their money and fancy threads, and now, thanks to USC (www.usc.co.uk) you can get the style without it costing you an arm and a leg. Which would make you a pretty useless footballer anyway! Here's how get the Cesc Fabregas look!

Fantastic offer for Nuts readers - get 10 per cent off these items when you enter the code NUTSGTL2 at nuts.co.uk/fashion\*





www.usc.co.uk

## BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls



Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on

the "Bedroom Babes" bit and vote for her. It's as simple as that!

# REAL GIRLS, Nuts! REAL PLACES!

THIS WEEK:

Name: Liana **Age:** 24

Boobs: 34DD. "The bigger

the better, I say!'

Likes: "Pretty boys." Ever kissed a girl?

"Yes, just to experiment."

Strangest place you've had sex? "On a balcony!" Sex tip: "Kiss my back!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

# Liana's scorching tour of Slip End She's a gorgeous babe from Bedfordshire!

HELLO!

#### Liana on... her home!

"I live in a place called Slip End, which is a picturesque corner of Bedfordshire. It's pretty quiet around here, but I still manage to have lots of fun!"

Liana on... lina out!

"There's nothing better than relaxing with a glass of wine and a romantic comedy. I don't like horror films unless I have a hunky man to hide behind!"

a sweet boyme

#### Liana on... **qetting ready!**

"I can get ready for a night out in ten minutes if I have to, but I prefer to spend about an hour in the bath, soaking away all the stresses of the day!"

70 Nuts

#### Liana on... keeping fit!

"I'm a dance teacher, so I spend around five hours a day doing ballet, tap, street dance... all sorts. It means I'm very flexible, which can come in handy!"



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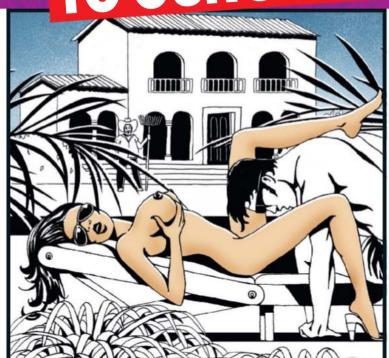
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# 100% **STORIES** TO OUR SECRETARY!





**CONFESSION OF THE WEEK!** 

### 'He bent me over the sun lounger'

I recently went on holiday to Spain, staying in a villa with my boyfriend. One day by the pool, I decided to sunbathe naked. As I rubbed cream into my breasts, I noticed that my man had stopped swimming and now had a big grin on his face. Soon, he was out of the pool and parting my legs so he could manoeuvre his tongue around my most intimate areas. He then bent me over the sun lounger and slid himself inside me - and as there was no one around I could scream the place down with joy!

Jennifer, Tyne and Wear

### 'He had me on the car bonnet

I was out with my friends recently and I ran into one of my sister's pals who I'd always thought was really hot. We were dancing and things started to get steamy so he asked me back to his flat. Walking back, I was feeling really horny, so I grabbed him and kissed him while slipping a hand into his trousers. My expert touch soon had him hard, and the risk of getting caught really excited us. He pushed me onto a car bonnet, lifted up my dress and slid my thong to the side. As he slipped

on a rubber and entered me with his huge hard-on, I started to moan. It was only a couple of minutes before I had the most intense orgasm. As I came to my climax, the car alarm went off, so we quickly fixed ourselves up and ran down the street laughing. The fun continued when we got back to his apartment!

Lynda, Northamptonshire

### 'He expertly pleasured me'

In a packed dance club at the weekend, I was making a lot of flirty eye contact with this hot guy. I made my way to the bar to get a drink. It must've been four-deep at the bar and the chap was right behind me as we moved forwards in the queue. He said "Hi!" into my ear and then started to stroke his hands down my spine and over my bum. I pressed back to let him know I was happy for him to continue. His hands wandered around up and down my body as we were pushed around in the heavy crowd. As I reached the bar to order my drink, he put his hand up my skirt and started to tease my clit through my knickers. The barman came to take my order and as I spoke, the guy thrust two fingers deep inside me. He expertly brought me to a climax just as my Bacardi Breezer arrived. A second later, he reached over my shoulder. took a swig from my drink and walked away, giving me a cheeky wink. This fella knew how to turn a woman on. What a thrill!

Jo, Yorkshire

### 'I gave head in the takeaway

During the snowstorms before Christmas, my boyfriend and I decided to warm up with a Chinese from the local takeaway. We had to walk up there as no one was delivering and it looked as if the boss wasn't expecting any business. After we ordered. the owner went into the back and didn't return for several minutes, as he was obviously doing the cooking himself. With it being so freezing outside, the windows were all steamed up. My fella's always ready for rudeness and suggested we should quickly have a bit of sexy fun. Actually getting down to some rutting was too risky, so I decided to take matters in hand - or should that be mouth! I got on my knees and began to pleasure him next to the counter, just where the telly was blaring out Cantonese TV. It didn't take him long to climax, which was lucky because just after he'd zipped up, the owner came back out with our food. Judging by the way he looked suspiciously at us, he must've had an idea what we'd been up to, so we quickly paid and left, embarrassed but grinning at our naughty fun!

Katherine, Bristol

### Win £50!



Ladies, send your raunchiest confessions to louise\_prior@ ipcmedia.com or to the address on p72. The best one each week\* wins £50! Come on, girls!

# Nuts : | = | | |





While you wait for the Ashes to get under way, you can recreate England's fine win over, erm, Bangladesh, with the best cricket

game on any console (it's actually the only new cricket game on any console, but hey!). The batting is now miles better than previous versions of the game and there are also improved camera options to follow the action. Howzat! ★★★





### METAL GEAR SOLID: PEACE WALKER PSP



Sneaky ops return to the PSP in this prequel, which tells the story of Snake's dad. Four-player online co-op is now added. ★★★★





Puzzler that takes your classic matchthree-jewel-colours dynamic and adds

time bonuses and special items to the mix. And with 100 levels, this will certainly keep you busy. ★★★

### **DVDS/BLU-RAY!**



### CERT 12



Crime thrillers don't come much more polished than this sterling effort from the BBC. Luther (The Wire's Idris Elba, above) is a

troubled detective who uses questionable methods to capture criminals, while living on the edge himself. With serial cop-killers, blood-sucking psychos and an almighty finale, this deserves a place on your DVD shelf. ★★★★

### **THE OFFICE: SEASON FOUR**



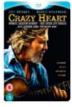
Steve Carell stars in this US version of The Office that's already made it to series six. That's four more than ours managed! ★★★

### **BOOGIE NIGHTS**



Check out a naked Heather Graham in brilliant Blu-ray in this painfully trueto-life movie about a porn star (Mark Wahlberg). ★★★

### **CRAZY HEART**



A worn-down country singer who's replaced his guitar with booze finds salvation in an attractive young writer. ★★★



IES... 1994-2009



Oasis may be no more but what a legacy! This boasts "best of" and live CDs, plus a DVD,

reminding us why they were the best Brit band for years. ★★★★

### VARIOUS ARTISTS PETETONG



All manner of top choonage from the legendary DJ, including monsters from the likes of

Cassius, DJ Hell, Gorillaz and Simian Mobile Disco. ★★★



a special-ops loon with a mullet, who goes up against Val Kilmer's did there? Think Lethal Weapon meets Mr Bean's Holiday! ★★★ Smith-style caper starring Katherine Heigl and Ashton Kutcher. ★★★



Seven days of brilliant telly for blokes!



### BBC

6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Put Your Money Where Your Mouth Is 10.45 Cowboy Trap 11.30 Cash in the Attic 12.15pm LIVE Match of the Day Live: 2010 FIFA World Cup: Germany vs Serbia, kick-off 12.30pm. 2.40 BBC News, Weather 2.45 LIVE Match of the Day Live: 2010 FIFA World Cup: Slovenia vs USA, kick-off 3pm. **5.15** Weakest Link: *General knowledge* quiz. (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

### BBC

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 Ready Steady Cook (R) 1.45 LIVE Royal Ascot 5.15 The Hairy Bikers' Food Tour of Britain (R) 6.00 Eggheads 6.30 Great British Railway Journeys (R)

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News; Weather 2.00 Dickinson's Real Deal (R) 3.00 Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather 6.15 ITV News 6.30 MUST-SEE World Cup: England take on Algeria, which looks on paper the easiest game in the group. Let's get qualification wrapped up here! Kick-off 7.30pm.

9.45 James Corden's

SPORT More reaction and banter

Gallagher and David Seaman join James

10.50 World Cup Highlights

SPORT Provided England got a result, here's your chance

to relive it all over again. If they slipped

up, chances are you've already chucked

the telly through the window by now.

FILM Fantasy thriller starring
Alec Baldwin as a reformed

criminal turned billionaire turned psychic

11.50 The Shadow

and Abbey Clancy. Excellent stuff.

as Russell Brand, Noel

**World Cup Live** 

**10.15 ITV News** 

### 7.00 EastEnders

Come on now, if you're not over on IT V1 or in the pub, you need to have a very severe word with yourself!

### 7.30 Victoria: A Royal Love Story

Fusty doc about the sour-faced monarch's relationship with Prince Charles. No, not old Jug-Ears, one of his predecessors. (R)

8.30 Inspector George Gently Bacchus and Gently investigate the possible suicide of a mill manager. (R)

### 10.00 BBC News, Weather 10.35 Friday Night with Jonathan Ross

The host is joined by legendary soul singer Al Green and Scissor Sisters.

### 11.35 The National Lottery **Friday Night Draws** 11.45 The Recruit

FILM So-so spy thriller starring Al Pacino and Colin Farrell.

### 7.00 The Beauty of Maps No. us neither.

### 7.30 South Africa Walks

Julia Bradbury continues her journey through South Africa on foot. Hmm, that reminds us, isn't there something happening there this evening?

### 8.00 Springwatch Unsprung 2010

Wildlife-based witterings.

### 8.30 Gardeners' World Live 9.30 QI

Sean Lock and Rich Hall are guests. (R)

### 10.00 Match of the Day: 2010 FIFA World Cup

SPORT Highlights of England's key clash with Algeria.

### 10.30 Newsnight 11.00 The Review Show

### 11.45 More Than Just a Game

FILM Sporting drama about the football league organised by prisoners of South Africa's apartheid regime on Robben Island in the '60s.

### crimefighter The Shadow. Got that?

1.40am The Zone 3.45 Touching Evil

1.40am Sign Zone: When Romeo Met Juliet (R) 2.40 The Virtual Revolution (R) 3.40 Welcome to Lagos (R) 4.40-6.00am BBC News: The day's headlines.

1.15-2.45am FILM The Naked City: Crime drama starring Barry Fitzgerald.

### 4.30-5.30am ITV Nightscreen



BBC1 SCOTLAND: 7.30pm The Beechgrove Garden 8.00 Holby City 9.00 New Tricks BBC1 NORTHERN IRELAND: 10.35pm The Blame Game 11.05 The National Lottery Friday Night Draws 11.15 Friday Night with Jonathan Ross: With Al Green, Tom Hardy and Amber Riley. 12.15am BBC News 12.40

Sign Zone: Countryfile BBC2 SCOTLAND: 7.00pm Landward 7.30 The Beauty of Maps BBC2 WALES: 7.30pm lolo's Wild Times STV: 11.50pm Grimefighters 12.20am Roulette Nation 1.00 Just Visiting 2.30-5.30am The Nightshift ULSTER: 10.40pm SPORT UTV Live, Weather 11.50 Creature Comforts

### **TODAY'S SPORT**

### sky SPORTS 1

6.00am Good Morning Sports Fans 7.00 World Cup Report

**7.30** Good Morning Sports Fans

8.00 World Cup Report

8.30 IVE Rugby Union: New Zealand Maori take on Ireland, as the visitors' tour continues. Kick-off 8.35am. (HD)

11.00 Golf (HD)

1.00pm Transworld Sport

2.00 ATP Tour Uncovered

2.30 Golf (HD)

4.30 Rugby Union (HD)

5.30 Football's Greatest

6.00 LIVE Golf: The second day's play in the US Open at the Pebble Beach Golf Links in California, as the players continue their assaults on the title. (HD)

3.00am Golfing World

4.00 Motor Racing

5.00 World Sport

5.30-6.00am IEX Magazine

### sky SPORTS 2

6.00am Aerobics 6.30 Rugby Union

8.30 Ocean Ride

9.00 Football's Greatest

9.30 NRL Fulltime

10.00 Rugby League

**12.00noon** Football's Greatest 12.30pm IAAF Athletix Weekly

1.00 Junior Rugby Union

3.00 Rugby Union (HD)

4.00 Premier League World

4.30 LIVE Cricket: Worcestershire Royals vs Warwickshire Bears. (HD)

8.00 Tight Lines

9.00 Rugby Union (HD) 10.00 World Cup Report

10.30 You're on Sky Sports!

12.00m't Cricket (HD)

2.00am You're on Sky Sports! 3.30 Rugby Union (HD)

4.30 IAAF Athletix Weekly

5.00-6.00am NFL: Total Access

### ON DIGITAL, SATE

### FILM4 (315)

5.40pm Dunston Checks In: Family comedy starring Jason Alexander. 7.20 The Man: Comedy thriller starring Samuel L Jackson. 9.00 Ferris Bueller's Day Off: Comedy starring Matthew Broderick. 11.00 Idiocracy: Satirical comedy starring Luke Wilson. 12.40am Conquest of the Planet of the Apes: Sci-fi adventure starring Roddy McDowall. 2.25-4.00am Highwaymen: Road thriller starring Jim Caviezel.

### COMEDY CENTRAL (126)

**7.00pm** The King of Queens **8.00** 30 Rock 9.00 South Park 10.00 Peter Kay



**7.15pm** ESPN Football Funnies 7.30 ICC Cricket

World 8.00 NBA 10.00 The Ultimate Fighter 11.00 South Africa Nightly 11.30 ICC Cricket World 12.00m't WE Baseball 3.00-5.00am Boxing

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Chinese Food in Minutes (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 | Own Britain's Best Home: Flying Visit (R) 3.10 FILM Straight from the Heart: Romantic comedy. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 Medical Emergency (R) 11.00 Pineapple Dance Studios - Best Of - Volume One (R) (HD) 12.00noon Angela and Friends (HD) 1.00pm Bones (R)(HD) 2.00 Project Catwalk (R)(HD) 3.00 Stargate SG-1 (R) 5.00 SPORT WWE Superstars 6.00 Oops TV (R) 6.30 The Simpsons (R)(HD)

### 7.00 News

### 7.30 A Place in the Sun: **Home or Away**

NEW How about we'll stay home if this goes away?

### 8.35 Glee

More high-school warbling.

### 9.35 Bia Brother

The latest goings on in the madhouse, as another hopeful gets turfed out.

### 11.15 The Ricky Gervais Show

MUST-SEE More barmy chit-chat with the cartoon trio.

### 11.45 The Ricky Gervais Show

MUST-SEE It's the last in the series! No!

**CTRL Student Tour** 

12.15am Music on 4:

Alex Zane organises a gig in Leeds.

12.35 Album Chart Show

1.05 Big Brother: Live 3.35 This Week's 4MusicTop 20 5.25-6.00am Countdown (R) 7.25 Message in a Bottle

Rubbish romantic drama starring Kevin Costner and Robin Wright Penn. Avoid.

### 10.00 The Mentalist

A woman with amnesia is found stumbling out of a Native American reservation with severe head injuries. Weird enough on it's own, but then three dead bodies turn up as well...

### 11.00 Grey's Anatomy

Lexie rushes to save Nick's life when the exposed artery in his neck ruptures. And then he has a stroke. Some people just can't catch a break, can they?

### 12.00m't SuperCasino

Live interactive gambling guff.

7.00 The Simpsons

Anne Hathaway pitches up for a stay in Springfield. And why not? (R)(HD)

### 7.30 Futurama

The team's ship sinks during a fishing trip, leaving them lost at sea - where Fry falls in love with a mermaid. (R)

### 8.00 Pineapple Dance Studios More prancing. No thanks. (R)(HD)

### **9.00 Bones**

The team investigates the death of a talented pianist. (R)(HD)

### 10.00 Bones

The team investigate human remains found at a block party and discover all the neighbours could have a motive. Not the best neighbourhood then? (R)(HD)

### 11.00 A League of Their Own Comedian Jimmy Carr is a guest. (R)(HD)

### 11.30 Football's Next Star

SPORT The final five players are reduced to three. (R)(HD)

### 12.30am Oops TV

More "hilarious" falling over, narrated by Justin Lee Collins. (R)

4.00am SPORT Motorsport Mundial 4.25 Wildlife SOS (R) 4.55 Bang for Your Buck (R) 5.05 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

1.00 Road Wars (R)(HD) 1.50 Road Wars (R)(HD) **2.40** 24 (R)(HD) **3.30** Tru Calling (R) **4.20** Sell Me the Answer (R)(HD) **5.10**-6.00am Smarter Than a 10 Year Old?

12.00m't Brain Box 3.00am When in Rome: Rubbish comedy starring Ashley and Mary-Kate Olsen.



### **England vs Algeria**

SPORT Here we go again! Fabio's men should walk this, with the Africans boasting a smattering of talent - Bougherra and Belhadi to name two – but no more. Come on, lads! ★★★★★



### The Ricky Gervais Show

The intelligence of worms, musings on slippers and fears about mind-

reading aliens, as discussed by cartoon versions of Gervais, Merchant and Pilkington. Ace! ★★★★

### LLITE AND CABLE TV TONIGHT

at the Comedy Store 10.30 Michael McIntyre: Live & Laughing: Stand-up comedy from the Hammersmith Apollo. 11.50 Lee Evans Live in Scotland 1.20am Dirty Sexy Funny: Olivia Lee 1.50 South Park 2.50 Scrubs 3.50 Two and a Half Men 4.15 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

### BBC3 (115)

7.00pm Top Gear: A look at the Lamborghini Murciélago. 8.00 Walking with Beasts 9.00 Doctor Who: The Time Lord investigates a series of disappearances. 9.45 Doctor Who Confidential 10.00 EastEnders 10.30 Russell Howard's Good News 11.00 Lee Nelson's Well Good Show 11.30 Family Guy 12.15am SPORT Match of the Day: 2010 FIFA World Cup 1.55 SPORT World Cup's Most Shocking Moments 3.55 Lee Nelson's Well Good Show 4.25 Russell Howard's Good News 4.55-5.25am E20

7.00pm Hollyoaks 7.30 Friends 9.00 Gok's Fashion Fix 10.05 Supersize vs Superskinny 11.10 Big Brother's Big Mouth 12.10-6.00am Big Brother: Live

7.00pm Seaside Rescue 8.10 Dragons' Den 9.30 Mock the Week 10.10 QI 10.55 Have I Got News for You 11.35 Mock the Week 12.15am QI 12.55 Have I Got News for You 1.35 Game On 2.15-3.00am Rob Brydon's Annually Retentive

### MTV ONE (350)

7.00pm Gossip Girl 8.00 The Hills 8.30 The City 9.00 Fist Pumpin' Top 20 with Jersey Shore 10.00 Kid Rock: Storytellers: The creative process behind the songs of Kid Rock. 11.00 World Stage 12.00m't South Park 2.30am Cribs 3.30 Pimp My Ride 4.00 Daddy's Girls 5.00-6.00am Hogan Knows Best

### VIRGIN 1 (121)

7.00pm Star Trek: Voyager: 8.00 Warehouse 13 9.00 Star Trek: Enterprise 10.00 Supernatural 11.00 Sexarama: Adult entertainment. 11.30 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Take It or Leave It

### SYFY (129)

7.00pm Smallville 8.05 FLM Lightning Strikes: Sci-fi horror thriller starring Kevin Sorbo and Annabel Wright. 10.00 V: Anna continues to manipulate human emotions. 11.00 Human Target: A princess is the target of an assassination attempt. 12.00m't Medium 3.00 Painkiller Jane 4.00-6.00am Angel

7.00pm NCIS 10.00 Brotherhood: Michael and Colin clash. 11.10 Life 12.10am NCIS 3.10-4.10am Tour of Duty

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\*see site for details

6.00am Breakfast 10.00 Saturday Kitchen 11.30 The Delicious Miss Dahl (R) 12.00noon BBC News, Regional News, Weather **12.15pm** Cash in the Celebrity Attic(R) 1.00 Bargain Hunt(R) 1.45 Murder, She Wrote (R) 2.30 MUST-SEE Match of the Day: 2010 FIFA World Cup: Ghana vs Australia: The group D match from the Royal Bafokeng Stadium in Rustenburg, kick-off 3pm. **5.20** BBC News, Regional News, Weather 5.40 All New Total Wipeout - The Awards: With Richard Hammond. 6.40 Doctor Who

6.00am CBeebies 7.00 CBBC 12.00noon FILM Blessed: Bittersweet drama starring James Nesbitt. **1.20pm** Escape to the Country (R) 2.20 LIVE Royal Ascot: More horses in a hurry. 4.45 LIVE Athletics: Day one of the European Team Championships at the Fana Stadium in Bergen.

5.30am ITV News 6.00 GMTV 9.25 The Crocodile Hunter Diaries (R) 10.25 The Lakes (R) 10.55 This Morning: Saturday 11.55 News, Weather 11.59 London Weather 12.00noon WE World Cup: Netherlands vs Japan: The group E match from the Moses Mabhida Stadium in Durban, kick-off 12.30pm. 2.30pm FILM Murder on the Orient Express: Agatha Christie mystery starring Albert Finney. 5.00 FLM Johnny English: Comedy starring Rowan Atkinson. 6.35 Regional News, Weather 6.45 ITV News

6.10am The Hoobs (R) 6.35 SPORT Triathlon ITU World Championship Series (R) 7.30 SPORT World Sport 8.00 SPORT The Morning Line **8.50** T4: Friends (R) **9.45** The Hoosiers: Video Exclusive 9.50 The Album Chart Show: Usher Special 10.25 Get Him to the Greek: T4 Movie Special 10.55 Big Brother (R) 12.30pm The Hollvoaks Music Show 1.00 Smallville 1.55 LIVE Channel 4 Racing from Newmarket, Ayr and Redcar 4.05 Come Dine with Me (R) 6.40 News

6.00am Sunrise 7.00 Milkshake! 10.00 The Gadget Show Shorts (R) 10.05 Fifth Gear (R) 10.35 SPORT Red Bull Air Race 11.35 Britain's Greatest Machines with Chris Barrie (R) 12.35pm TIM The Hound of the Baskervilles: Mystery starring Matt Frewer and Kenneth Welsh. 2.35 Dune: Sci-fi drama starring Kyle MacLachlan. 5.05 FILM Rooster Cogburn: Western sequel starring John Wayne.

### 7.30 The National Lottery: In It to Win It 2012

### 8.20 Casualty

Adam is goaded by a prisoner who murdered his family. Wrong 'un!

### 9.10 Michael McIntyre's Comedy Roadshow

The floppy-haired funnyman presents another showcase of comedy talent. (R)

### 9.40 BBC News, Weather 10.00 Firewall

FILM Iffy crime thriller starring Harrison Ford as a computer security specialist blackmailed into ripping off a bank when Paul Bettanv takes his family hostage.

### 11.40 Friday Night with Jonathan Ross

With guests including actor Tom Hardy and soul legend Al Green. (R)

12.45-6.00am BBC News

### 7.00 Mary, Queen of Shops Retail-based rubbish. ITV1, quick! (R)

### 8.00 Gareth Malone **Goes to Glyndebourne** 9.00 What Makes a Great Soprano?

Flash suit, colourful language, slickedback hair, casual relationship with the law... oh, it means the singer!

### 10.00 Match of the Day: 2010 FIFA World Cup

SPORT All the day's highlights as the Dutch faced Japan and Cameroon took on Denmark.

### 10.50 Rescue Dawn

Action-packed adventure starring Christian Bale as a German-born US fighter pilot plotting a daring escape after he's captured and imprisoned during the Vietnam War.

### 12.50am-2.20am Zidane: **A 21st Century Portrait**

Ace sports documentary in Ace sports documentary ... which 17 cameras track French legend Zizou during a match between Real Madrid and Villareal. Hypnotic stuff.

### 7.00 World Cup

LIVE Cameroon face Denmark, with Samuel Eto'o looking to replicate the form that saw him bag the treble with Inter. Kick-off 7.30pm.

### 9.30 James Corden's **World Cup Live**

SPORT Cordon supplies the gags while Abbey Clancy looks as lovely as ever. Lucky old Crouchy.

### 10.05 ITV News, Weather 10.30 World Cup Highlights

SPORT Action from today's matches in South Africa, including Ghana vs Australia, Netherlands vs Japan and Cameroon vs Denmark.

### 11.30 Cadillac Man

FILM Screwball comedy starring Robin Williams as a philandering car salesman held hostage by a crazed, gun-toting husband. Yikes!

1.15am The Zone 3.20 October Road (R)

4.05-5.30am ITV Nightscreen

### 7.10 My Big Fat

Greek Wedding

Duff comedy about a Greek woman who - shock, horror! falls for someone who isn't Greek. Who cares? Flick to ITV1 instead.

### 9.00 Big Brother

Highlights of the latest goings-on inside the barmy house.

### 10.00 Jason Manford: Live

MUST-SEE Top-notch stand-up as the Mancfunnyman performs a homecoming gig at the Manchester Apollo during his 2009 tour.

### 11.10 Star Trek **The Motion Picture**

FILM Sci-fi classic starring William Shatner and Leonard Nimoy as space-buddies Kirk and Spock.

1.40am Big Brother: Live 3.50 What

About Brian 4.30 Demolition Day (R)

5.25-6.10am Countdown (R)

### 7.10 Five News

### **7.15 NCIS**

A sailor's body is discovered in a disused restaurant, Smells fishy, Sorry, (R)

### 8.10 CSI: NY

Mac and Stella look into the death of an estate agent. Now, who would possibly wish an estate agent harm? Actually, settle in - we could be here all night! (R)

### 9.10 CSI: Crime Scene Investigation

A shootout leaves four people dead, one of whom is a copper. (R)

### 10.05 Law & Order

An armed robber is shot dead during a failed bank robbery.

### 11.05 **CSI**: **Miami**

The body of a local politician is found. See estate agent comment above. (R)

4.05 SPORT Golf 4.55 The Family Recipe

Milkshake! (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car (R)

(R) 5.00 Hana's Helpline (R) 5.10

### 12.05am SuperCasino

Live interactive gambling.

BBC2 SCOTLAND: 7.00pm South Africa Walks 7.30 WE International Rugby Union: The second off 7.45pm. 9.45 What Makes a Great Soprano?

11.35 FLM Rescue Dawn 1.35-3.05 FLM Zidane: A 21st Century Portrait: Top documentary. BBC2 NORTHERN IRELAND: 5.00pm The Championship 7.25 SPORT BBC Sport NI: At the Heart of Sport 7.30-8.00pm SPORT Season Ticket STV: 11.30pm

Cops with Cameras 12.30am Roulette Nation 1.00 Touching Evil 2.00-5.30am The Nightshift ULSTER: 11.30pm Brain Box 2.25-3.20am Numb3rs

and final Test between Argentina and Scotland, kick-10.45 SPORT Match of the Day: 2010 FIFA World Cup

### **TODAY'S SPORT**

### sky SPORTS 1

6.00am Aerobics 6.30 FIFA Futbol Mundial 7.00 World Cup Report

7.30 Premier League World 8.00 Rugby Union: Egg-chucking

action as New Zealand take on Wales from Dunedin, kick-off 8.35am. (HD)

### 10.30 MUST-SEE Rugby Union: AL face England, kick-off 11am. (HD)

1.30pm World Sport 2.00 IEX Magazine

2.30 LIVE Cricket: Twenty20 slogging as

Gloucestershire meet Hampshire. (HD)

6.00 LIVE Rugby League: Bradford Bulls clash heads with Warrington Wolves, kickoff 6.15pm. Ouch! (HD)

8.30 LIVE Golf: Day three of the US Open at the Pebble Beach Golf Links. (HD)

3.00am Football's Greatest

3.30 Cricket (HD)

5.30-6.00am Football's Greatest

### sky SPORTS 2

6.00am Premier League World 6.30 Tight Lines

7.30 You're on Sky Sports! 9.00 Cricket AM

10.30 Golf (HD)

12.30pm NFL: America's Game

1.30 WE Rugby Union: Another dose of peanut-hugging as South Africa play Italy in Witbank, kick-off 2pm. (HD)

4.00 Rugby Union (HD)

4.30 LIVE Rugby Union: All the action from the Churchill Cup final. (HD)

7.30 LIVE Rugby Union: Coverage of the Plate final from the Red Bull Arena. (HD)

10.00 World Cup Report

10.30 Football's Greatest 11.00 Rugby League (HD)

12.30am Football's Greatest

**1.00** Rugby 4.30 World Sport

5.00-6.00am NFL: Total Access

### FILM4 (315)

7.00pm Mad Money: Heist comedy starring Diane Keaton, Queen Latifah and Katie Holmes. 9.00 PREMIERE The Darjeeling Limited: Offbeat comedy starring Owen Wilson, Adrien Brody and Jason Schwartzman. 10.50 Saw: Horror starring Leigh Whannel and Carey Elwes. 12.50-3.30am Laputa: The Castle in the Sky: Japanese animated fantasy.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Lee Evans: Big - Live at the O2 11.10 Peter



5.30pm Baseball 9.00 Boxing 11.00 South Africa Nightly

11.30 MMA Live 12.30am Press Pass 2010 1.00 UFC 3.00-6.00am MUST-SEE Ultimate Fighter: The finale of the neckcrushing reality contest.

Kay at the Comedy Store 11.40 ELL Bad Boys: Action comedy starring Will Smith and Martin Lawrence. 2.00am Dirty Sexy Funny: Olivia Lee 2.30 South Park 3.30 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm The Real Hustle 7.30 Doctor Who Confidential 8.15 FIM Pirates of the Caribbean: At World's End: Fantasy adventure starring Johnny Depp.

10.55 Family Guy 11.40 American Dad! 12.25am Peckham Finishing School for Girls 1.25 SPORT Match of the Day: 2010 FIFA World Cup 3.05 Wags, Kids and World Cup Dreams 4.05 Dappers 4.35-5.05am The Real Hustle

7.00pm The Big Bang Theory 7.30 How I Met Your Mother 7.55 Friends 9.00 FILM Cruel Intentions: Offbeat drama starring

Sarah Michelle Gellar. 11.00 FILM She's All That: Teen comedy starring Freddie Prinze Jr. 1.00-6.00am Big Brother: Live

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den **9.30** Mock the Week: With Frank Skinner and Gina Yashere. 10.10 QI 10.50 Never Mind the Buzzcocks 11.30 Mock the Week 12.10am QI 12.50 Louis Theroux's African Hunting Holiday 1.50 Game On 2.30-3.00am Totally Viral

### MTV ONE (350)

6.00pm Hogan Knows Best 9.00 The Osbournes 12.00m't World Stage 1.00am MTV Live **2.00** Britney's Official Top 20 4.00-6.00am The Official Urban Top 20

### VIRGIN 1 (121)

7.00pm Most Shocking 8.00 The Naked Office 9.00 FLM Rocky V: Boxing drama starring Sylvester Stallone and Talia Shire.

# 19 JUNE SATURDAY

# FULL 7 DAY TV

6.00am Brainiac: Science Abuse (R)(HD) 7.00 Lion Man (R) 8.00 Oops TV (R) 9.00 SPORT Football's Next Star (R)(HD) 10.00 Road Wars (R) 11.00 Oops TV (R) 12.00noon The Simpsons (R) 1.00pm Futurama: Triple-bill. (R) 2.30 Oops TV (R) 3.00 Fat Families: Second Helpings (R) (HD) 4.00 The Real A&E (R)(HD) 5.00 Oops TV: Home videos and out-takes (R) 6.00 The Simpsons: Double-bill (R)

7.00 Pineapple Dance Studios Dancing or football? Hmm. (R)(HD)

8.00 Pineapple Dance Studios We're watching the football. (R)(HD)

9.00 Gone in Sixty Seconds

PILM Daft action thriller starring Nicolas Cage as a legendary former car thief planning to steal 50 cars in a single night. Bold. Very bold.

11.15 A League of Their Own Comedian Bob Mortimer and diver Tom Daley are tonight's guests. (R)(HD)

11.45 Football's Next Star

SPORT The three youngsters find out who'll get a seasonlong contract with Inter Milan. (R)(HD)

### 12.45am Ross Kemp Middle East: Gaza

The baldy actor examines the Israeli-Palestinian conflict, gaining access to parties on all sides. Gripping. (R)(HD)

1.45 Road Wars (R)(HD) 2.45 Road Wars (R) 3.15 Inside: The Border War (R) 4.15 Journeyman (R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

11.00 Sexcetera 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Chubby Children

### SYFY (129)

5.00pm Knight Rider 8.00 V (2010) 9.00 FIM Paycheck: Thriller starring Ben Affleck. 11.20 FLM Derailed: Action thriller starring Jean-Claude Van Damme and and Laura Elena Harring. 1.00am Stir of Echoes: Supernatural thriller starring Kevin Bacon. 3.00 A Town Called Eureka 4.00-6.00am FILM Thrill Seekers: Thriller with Casper Van Dien.

5.00pm King of the Hill 8.00 American Dad! 9.00 Family Guy 10.00 Robot Chicken 10.15 Family Guy 11.15 Titan Maximum 11.30 Family Guy 12.00m't American Dad! 12.30am The Venture Brothers 1.00 Eastbound and Down 2.10 The Border 3.10-4.10am Charlie Jade

### **TODAY'S MUST-SE**



### **Ultimate** Fighter Finale ESPN, 3am

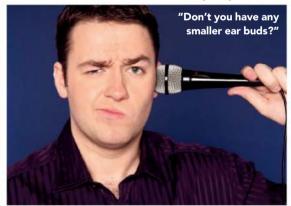
Tonight's bill sees SPORT the finalists from Chuck Liddell's and Tito Ortiz's teams battling live for the title of Ultimate Fighter at Palms Casino Resort in Nevada. Also, Matt "The Hammer" Hamill squares up to Keith "The Dean Of Mean" Jardine. Hamill has an almost faultless record in his short UFC career, while Jardine has experience on his side. Now you'll just have to win your own battle with your eyelids to stay up to watch it! ★★★★



### Australia vs England

Sky Sports 1, 10.30am

Even if you're not a fan of watching SPORT Even if you re not a land blokes hurl an egg around a pitch, any chance to get one over the Aussies has to be worth a look. Here's the second Test, from Sydney.  $\star\star\star\star$ 



### **Jason Manford: Live**

Channel 4, 10pm

As the new host of The One Show, Jason's star is in the ascendancy, and we're pleased because he's hilarious! This is a hometown gig in Manchester from last year. ★★★★★



### **Ghana vs Australia**

BBC1, 2,30pm

Plenty to interest us here. First, Premier **SPORT** League stars Mark Schwarzer, Tim Cahill and Brett Emerton play for Oz, and also one of these could face England in the next round! ★★★★★



Fancy being an NME photogra meeting a music star or hanging out at MTV for the day? Just go to...

FINDMYFREEDOM.CO.UK

6.00am Breakfast 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 The Politics Show 12.10pm WE Match of the Day: 2010 FIFA World Cup: Slovakia vs Paraguay in Bloemfontein, kick-off 12.30pm. 2.30 EastEnders 4.00 Junior Apprentice (R) **5.00** Lifeline **5.10** Songs of Praise: Hymn warbling. 5.45 BBC News, Regional News, Weather 6.00 Countryfile

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Monk 12.15pm WE MotoGP: The British Grand Prix. 2.15 LIVE Athletics: Day two of the European Team Championships. 5.10 SPORT Rowing 6.05 FILM Chocolat: Comedy fantasy starring Juliette Binoche.

5.30am ITV News 6.00 GMTV 9.25 Coronation Street 11.20 News, Weather 11.29 London Weather 11.30 This Morning: Sunday 12.30pm FILM Columbo: Undercover: Crime drama starring Peter Falk and Ed Begley Jr. 2.30 Live World Cup: The Group F match between current champs Italy and minnows New Zealand, kick-off 3pm. 5.00 Agatha Christie's Poirot (R) 6.00 Regional News, Weather 6.15 ITV News 6.30 You've Been Framed and Famous! (R)

6.10am The Hoobs (R) 7.00 SPORT Catching the Impossible 7.55 SPORT The Grid 8.20 SPORT Formula Ford Championship **8.50** T4: Shooting Mark Ronson 9.20 The Hills (R) 9.50 Hollyoaks 12.25pm Big Brother's Little Brother 1.35 Glee (R) 2.35 Friends (R) 3.40 The Simpsons (R) 4.40 Deal or No Deal 5.25 Scrapheap Challenge 6.30 News

6.00am Sunrise 7.00 Milkshake! 10.00 Shake! 11.10 Family Food Fight (R) 11.40 Chinese Food in Minutes (R) 12.10pm Two Mothers for Zachary: Fact-based drama starring Valerie Bertinelli and Vanessa Redgrave. 2.05 FILM Swept from the Sea: Romantic period drama starring Vincent Perez and Rachel Weisz. 4.05 My Girl: Bitter-sweet comedy starring Macaulay Culkin and Anna Chlumsky. 6.05 Five News 6.10 FLM Legally Blonde 2: Red, White & Blonde: Comedy sequel.

8.00 Practical Magic

10.05 The Reaping

of biblical plagues. Blimey!

Chick-flick about two young witches who try to break the

ancient curse on their love lives. Sandra

A college professor investigates a small Southern

town apparently being struck by a series

Bullock and Nicole Kidman are in it.

### 7.00 Match of the Day Live: 2010 FIFA World Cup

MUST-SEE Top ball-tapping action as Brazil take on Ivory Coast at Soccer City in Johannesburg, kick-off 7.30pm

10.00 BBC News.

10.55 Hart's War

12.55am Sign Zone:

Not those kind of drugs. (R)

**Grow Your Own Drugs** 

Regional News, Weather

Celebrities are lampooned by Jon

Culshaw and Debra Stephenson. (R)

An American PoW exposes racism when he tries to

10.25 The Impressions Show

with Culshaw and Stephenson

### 10.00 Match of the Day: 2010 FIFA World Cup

8.00 Wild Night In

Kate Humble and Chris Rackham rattle

their begging bowls to appeal for

donations for the BBC Wildlife Fund.

SPORT Fill your boots with Slovakia vs Paraguay, Italy vs New Zealand and Brazil vs Ivory Coast!

### 10.30 Mock the Week

Topical banter with guests Milton Jones and Chris Addison. (R)

### 11.00 Life

Two men receive life sentences for a crime they didn't commit and then end up in even more trouble defend a black airman accused of murder. behind bars. The larrikins.

### 12.40am Kill the Man

Ropey comedy starring Luke Wilson and Joshua Malina.

### 7.30 Coronation Street

Er, Brazil vs Ivory Coast, anyone?

### 8.00 **Lewis**

The detective discovers his favourite band is on the verge of a comeback, along with the singer, who has made a shocking reappearance from beyond the grave, having faked her own death 35 years earlier. Then he gets accused of murder. In Oxford. You may have to suspend your disbelief if you sit through this. (R)

### 10.00 World Cup Rock 'n' Goal Years

NEW Key figures from past World Cups recall their experiences. If they're England players, we'd suggest they'll generally be bad experiences.

### 10.30 ITV News, Weather 10.45 World Cup Highlights

SPORT Action from today's matches. Cool!

### 11.45 Land of the Dead

FILM Horror thriller sequel starring Simon Baker.

### 7.00 River Cottage

Hugh Fearnley-Whittingstall and Tim Maddams introduce a "leftovers night" at the canteen. We're listening! (R)

### 8.00 Come Dine with Me

Four more people are thrown together to cook meals for each other. Cue loads of arguments and back-stabbing.

### 9.00 Big Brother

The housemates fall out with each other to deadpan Geordie narration.

### 10.00 Alan Carr: Chatty Man MUST-SEE The goggle-eyed one's back!

### 10.50 Failure to Launch

12.40am Big Brother: Live

More from the house.

Romantic comedy starring Matthew McConaughey.

### 12.05am NCIS

The agents travel to LA to work with another NCIS team on an investigation that escalates into a high priority case. (R)

1.25 Holby City (R) 2.25 Children's Emergency (R) 2.55 Modern Masters (R) 3.55-6.00am BBC News

2.05 BBC News 3.55-4.55am SPORT The Super League Show

1.25am The Zone 2.30 SPORT Motorsport UK 3.20-5.30am ITV Nightscreen

2.50 FILM Black and White: Documentarystyle drama starring Robert Downey Jr. 4.30 What's Fufu? 4.35 Hill Street Blues (R) 5.25-6.10am Countdown (R)

1.00 Casino 4.05 SPORT Golf 4.55 The Family Recipe (R) 5.00 Hana (R) 5.10 Milkshake! (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car (R)

**BBC1 NORTHERN IRELAND: 10.25pm** The Politics Show 10.50 The Impressions Show with Culshaw and Stephenson 11.20 FILM Hart's War 1.15-1.25am Secret Gardens STV: 11.45pm Moviejuice Moments 12.00m't Roulette Nation 1.00am Balto III: Wings of Change: Animated adventure sequel featuring the voice of Maurice LaMarche. 2.30-5.30am The Nightshift

### **TODAY'S SPORT**

6.00am Cricket (HD) 8.00 World Cup Report

8.30 Football's Greatest 9.00 Cricket Writers on TV

10.30 Golf: Day three of the US Open at

the Pebble Beach Golf Links. (HD) 12.30pm Rugby Union: Recent action,

including Australia vs England and New Zealand vs Wales. (HD)

2.30 LIVE Cricket: The Twenty20 Cup match between Leicestershire Foxes and Yorkshire Carnegie from Grace Road. (HD)

6.00 FIFA Futbol Mundial

6.30 Football's Greatest

7.00 World Cup Report

7.30 MUST-SEE Golf: Ball-pinging with the final round of the US Open in California -the second Major of the year. (HD)

2.00am Rugby League (HD) 3.30 Football's Greatest 4.00-6.00am Cricket (HD)

### sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 FIFA Futbol Mundial 7.00 Football's Greatest 7.30 Motor Racing

8.30 Rugby Union (HD)

10.30 Rugby League (HD) 12.00noon Football's Greatest

12.30pm Cricket (HD) 2.30 Seamaster Sailing

3.00 Golf (HD)

5.00 LIVE Rugby League: The Super League match between Wigan Warriors

and St Helens, kick-off 5.15pm. (HD)

7.30 Seamaster Sailing 8.00 Cricket (HD)

10.00 World Cup Report

10.30 Football's Greatest

11.00 Rugby League (HD)

12.30am Football's Greatest 1.00-4.00am LIVE WWE: Fatal Four Way:

Coverage from the Nassau Veterans Memorial Coliseum in New York. (HD)

### FILM4 (315)

6.45pm The Pink Panther: Comedy starring Peter Sellers. 9.00 Employee of the Month: Comedy starring Dane Cook, Dax Shepard. 11.05 Garden State: Offbeat comedy starring writer-director Zach Braff and Natalie Portman. 1.00-2.55am One Hour Photo: Psychological drama starring Robin Williams and Connie Nielsen.

### **COMEDY CENTRAL (126)**

5.00pm Two and a Half Men 10.00 FILM Bad Boys: Action comedy thriller starring Martin Lawrence and Will Smith. 12.20am Lee Evans Live in Scotland



6.00pm Boxings 8.00 Superleague Formula **11.00** 

South Africa Nightly 11.30 The Ultimate Fighter 12.30am Press Pass 2010 1.00 Major League Baseball: A game from North America. 4.00-5.00am UFC All

1.50 30 Rock 2.50 South Park 3.50 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

### BBC3 (115)

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 [IIII Kate & Leopold: Comedy starring Meg Ryan and Hugh Jackman. 9.55 Great Movie Mistakes 10.00 MUST SEE Family Guy 10.45 Lee Nelson's Well Good Show 11.15 Bizarre ER 11.45 FILM Kate & Leopold 1.35am SPORT Match of the Day: 2010 FIFA World Cup 3.15 Lee Nelson's Well Good Show 3.45 Bizarre ER 4.15-5.15am Peckham Finishing School for Girls

### E4 (136)

7.00pm One Tree Hill 7.55 Friends 9.00 Desperate Housewives 11.00 FILM Cruel Intentions: Drama starring Ryan Phillippe and Reese Witherspoon. 1.00-6.00am Big Brother: Live

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den: On Tour: The business experts visit past participants in London. 9.30 Mock the Week: With Rhod Gilbert and Tom Stade. 10.10 QI: With Sean Lock. 10.50 Never Mind the Buzzcocks 11.30 Mock the Week 12.10am QI 12.50 Louis Theroux: Killadelphia 1.50 Game On 2.30-3.00am Totally Viral

### MTV ONE (350)

6.30pm Randy Jackson's America's Best Dance Crew 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Blue Mountain State 10.30 The Osbournes 11.30 South Park 12.30am Blue Mountain State 1.30 MTV Cribs Awards 3.00-6.00am Ride with Funkmaster Flex

### VIRGIN 1 (121)

7.00pm Home Video Heroes 8.00 Verminators: Documentary about Los

# 20 JUNE SUNDAY

### FULL 7 DAY TV **GUIDE!**

6.00am Hour of Power (HD) 7.00 Lion Man (R) 7.30 Lion Man (R) 8.00 Oops TV (R) 9.00 Road Wars (R) 10.00 500 WWE Superstars (R) 11.00 SPORT WWE: Experience (R) 12.00noon The Simpsons (R) **1.00pm** Futurama (R) 2.00 Body Language Secrets (R) 3.00 Futurama (R) 4.00 UK Border Force (R) (HD) 5.00 Futurama: Double-bill. (R) 6.00 The Simpsons : Double-bill. (R)(HD)

### 7.00 Pineapple Dance Studios Fly-on-the-wall dancing dross. (R)(HD)

### 8.00 Fat Families: **Second Helpings**

Steve Miller revisits formerly rotund couple Tarnya and Mike Cuff, who weighed in at a scale-breaking 57st when they first met. (R)(HD)

### 9.00 **House**

The grumpy doctor helps an artist with distorted perceptions. (R)(HD)

### 10.00 House

The medic's father dies. (R)(HD)

11.00 A League of Their Own With Gabby Logan. (R)(HD)

### 11.30 Wayne Rooney's Street Striker

SPORT Wazza meets football whizz kids. (R)(HD)

12.30am Ross Kemp on Gangs The actor visits East Timor. (R)(HD)

1.30 Road Wars (R) 2.30 Inside Prisons (R)(HD) 3.30 Street Wars (R) 4.20 Journeyman (R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

Angeles pest controllers. 9.00 Naked Office: They'll need to be careful if they're using scissors... **10.00** Most Shocking 11.00 Sexcetera 12.00m't Roulette 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Chubby Children

### SYFY (129)

7.00pm V (2010) 8.00 Human Target 9.00 Blum Back to the Future: Fantasy starring Michael J Fox and Christopher Lloyd. 11.10 FLM Paycheck: Sci-fi thriller starring Ben Affleck and Uma Thurman. 1.30am Haunted Homes 2.30 3rd Rock from the Sun 3.00 Flash Gordon 4.00-6.00am FILM Dungeons & Dragons 2: The Elemental Might: Fantasy adventure.

6.00pm Burn Notice 8.00 NCIS 10.00 Brotherhood 11.10 Life: Crews gets a new partner. 12.10am Family Guy 1.10 Dexter 3.20-4.20am ReGenesis

### **TODAY'S MUST-SE**



### **Brazil vs Ivory** Coast BBC1, 7pm

This Group G match sees five-

time winners Brazil take on Ivory Coast in a game that could decide who'll make it out of the Group of Death. But if it's all-out attack you're after, you may be disappointed. Brazil coach Dunga has curtailed some of his side's flair (the spoilsport!), while the Africans are managed by Sven. Not to worry, though - there's always the guarantee of hot Brazilian girls in the crowd if the footy's not great! ★★★★★



US Open Golf Sky Sports 1/HD, 7.30pm

SPORT It's a bit difficult to be too fussed about any other sporting event right now, but once the day's football's out of the way, a nice bit of ball-thumping might calm us down a bit. So we're off to Pebble Beach, California, for just that! ★★★



### **Alan Carr: Chatty Man**

Channel 4, 10pm

Alan Carr kicks off a new series of comedy and chat with Russell Brand and Pamela Anderson, and music from Plan B. Some stars from Glee are on, too, but we don't really care!  $\star\star\star\star$ 



Family Guy BBC3, 10pm

Another top double-bill of the funniest cartoon around starti funniest cartoon around, starting with Stewie dressing up in drag to audition for his favourite show. Then, Lois agrees to be a surrogate

mother for a friend. Brilliant, as always. \*\*\*\*



6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Homes Under the Hammer (R) **10.30** Cowboy Trap **11.15** Cash in the Attic 12.00noon BBC News. Weather 12.15 MUST-SEE Match of the Day: 2010 FIFA World Cup: Portugal will be looking for goals as they face North Korea, kick-off 12.30pm. 2.40 BBC News 2.45 Match of the Day Live: 2010 FIFA World Cup: Now it's Chile vs Switzerland, kick-off 3pm. 5.10 LIVE Wimbledon 2010 6.00 BBC News, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 10.35 SPORT Wimbledon 11.30 Daily Politics 12.00noon MUST-SEE Wimbledon 2010: Sue Barker introduces the action as the annual fortnight of racketswinging gets under way.

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 Dickinson's Real Deal (R) 3.00 Midsomer Murders (R) **5.00** The Chase: *Quiz show.* **6.00** Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Big Brother's Little Brother (R) 7.55 Big Brother (R) 8.50 The 5 O'Clock Show with Kimberley Walsh and Stephen Mulhern (R) 9.50 Deal or No Deal (R) 10.35 Everybody Loves Raymond (R) 11.05 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Coach Trip (R) 12.30 Come Dine with Me (R) 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 Lenny Henry's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 SPORT Extreme Fishing with Robson Green (R) 1.45 Neighbours 2.15 Home and Away 2.50 | Own Britain's Best Home: Flying Visit (R) 3.05 FILM Killer Flood: The Day the Dam Broke: Disaster movie starring Joe Lando and Michele Greene. **5.00** Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

### 7.00 EastEnders

Libby struggles with her feelings for Darren. Hang on, isn't this Neighbours?

### 8.00 Fake Britain

Exposing counterfeit clobber. (R)

### 8.30 Panorama 9.00 The Royle Family

One-off festive edition from 2009. That's right, a Christmas special in June. Obviously, makes perfect sense! (R)

### 10.00 BBC News, Weather 10.35 The Graham **Norton Show**

The host is joined by Absolutely Fabulous star Joanna Lumley, and Niles out of Frasier. Slightly random, no?

### 11.20 Raising Helen

Romantic ruppish about York career girl who finds Romantic rubbish about a New herself saddled with responsibility for her sister's three children. Yawn.

### 8.00pm Today at Wimbledon

SPORT John Inverdale introduces action from today's opening fixtures. "Come on, Andy!" etc.

### 9.00 Mary, Queen of Shops

More shopping guff. No thanks.

### 10.00 Match of the Day: 2010 FIFA World Cup

SPORT A round-up of today's matches in South Africa, including Chile vs Switzerland, Spain vs Honduras, and Portugal vs North Korea.

### 10.30 Newsnight

### 11.20 Tribal Wives

A Liverpool woman gains a new perspective on her own past after a few weeks in the wilderness. Great. (R)

### 12.20am When Romeo **Met Juliet**

More schoolboy Shakespeare. (R)

### 1.20-4.00am BBC News

### 7.00 World Cup

Spain take on Honduras, kick-off 7.30pm. As close to a foregone conclusion as you'll see this summer. Unless England get penalties.

### 9.30 James Corden's **World Cup Live**

SPORT Former England captain
Terry Butcher joins James and Abbey for more footy-related banter.

### 10.00 ITV News

### 10.35 World Cup Highlights

SPORT All the day's action. Expect plenty of goals as Portugal and Spain look to rout North Korea and Honduras respectively.

### 11.35 Total Emergency

Sheffield police are out in force at the United-Wednesday derby. Naturally it's not long before it all kicks off. (R)

### 12.30am The Zone

Shopping and interactive gaming.

### 2.30 The Jeremy Kyle Show (R)

### 7.00 News

### 8.00 Dispatches: How to Save £100billion - Live Budget-based boredom.

### 9.00 Chasing the **Cumbrian Killer**

The days leading up to events in and around Whitehaven, Cumbria.

### 10.00 Big Brother

The latest action from the house.

### 11.15 Music on 4: **Being N-Dubz**

NEW Doc following the lives of Dappy, Fazer and Tulisa. Should be well grimey an' ting. Ahem.

### 11.45 Alan Carr: Chatty Man

The camp comic welcomes Russell Brand and Pamela Anderson to his show. Surely those two should be kept apart? (R)

### 12.30am Fifa in Africa: The 2010 Legacy

Documentary telling the story of Fifa's work in Africa since South Africa was announced as host of the World Cup.

### 7.30 How Do They Do It?

Robert Llewellyn travels to Southampton for hovercraft driving lessons. Cool! (R)

### 8.00 Police Interceptors

A specially trained counsellor tries to avert a potential suicide on the M25.

### 9.00 Extraordinary People: The Tiniest Girl in the World

The story of two-year-old primordial dwarf Charlotte, who's just 22 inches tall.

### 10.00 Crimes That **Shook the World**

Investigating Arthur Shawcross, who murdered 11 women in the city of Rochester, New York, in the late '80s. Not a very nice bloke, then.

### 11.00 Reservoir Dogs

Quentin Tarantino's brilliant crime thriller starring Harvey Keitel, Michael Madsen and Tim Roth as gang members recruited for a big jewel heist that goes horribly wrong. Top stuff.

1.00am SuperCasino 4.05 Wildlife SOS (R) 4.55 County Secrets (R) 5.10 The New

1.15am Sign Zone: The Genius of Design (R) 2.15 Museum of Life (R) 3.15 Food Fighters (R) 4.00-6.00am BBC News

3.25-5.30am ITV Nightscreen

1.30 Big Brother: Live: Coverage from the house. 5.30-6.15am Win My Wage (R)

Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 NORTHERN IRELAND: 10.35pm The Clown Doctors 11.05 The Graham Norton Show 11.50 FILM Raising Helen 1.45-2.15 DIY SOS BBC1 WALES: 8.00pm Coming Home 10.35 X-Ray 11.05 The Graham Norton Show 11.50 FLM Raising Helen

1.45-2.15 Sign Zone: See Hear BBC2 SCOTLAND: 11.00-11.20 Newsnight Scotland, Weather BBC2 ORTHERN IRELAND: 10.00pm Imeall Geal 11.20 Cad É an Scéal 11.25 Áit is Ansa 11.30 Stormont Live 12.00m't SPORT Match of the Day:

2010 FIFA World Cup 12.30am Tribal Wives 1.30-4.00am BBC News STV: 10.30pm STV News and Weather 11.35 The Lakes 12.05am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight

11.00 SPORT World Cup Highlights 12.00m't Brain Box 3.00am Creature Comforts 3.10 Creature Comforts 3.20-3.25am UTV Rewind ITV1 WALES: 10.30-10.35 Wales Tonight, Weather

### **TODAY'S SPORT**

### sky SPORTS 1

6.00am Good Morning Sports Fans 7.00 World Cup Report

7.30 Good Morning Sports Fans

8.00 World Cup Report

8.30 Good Morning Sports Fans 9.00 Football's Greatest

9.30 Rugby League (HD)

11.00 Seamaster Sailing

11.30 Football's Greatest

**12.00noon** Golf (HD) 2.30pm Rugby League (HD)

4.00 Golf (HD)

6.30 Football's Greatest

7.00 World Cup Report

7.30 Golf (HD)

10.00 World Cup Report

10.30 Football 12.30am Cricket (HD)

2.30 Football

4.00 Watersports World 5.00-6.00am Max Power

### sky SPORTS 2

6.00am Aerobics 6.30 WWE: Bottom Line (HD)

7.30 Golf (HD)

**10.00** Rugby Union (HD) 12.00noon Speedway

3.00pm Motorsport: Action from the Iowa Corn Indy 250.

**5.00** Volleyball: The men's European League Group A encounter between Great Britain and Romania at K2 Crawley. (HD) 7.00 LVE Cricket: More top ball-slogging

with the Twenty20 Cup match between Derby Derbyshire Phantoms and Worcestershire Royals. (HD)

10.30 Extra Time

11.00 Boots 'n' All

12.00m't Golfing World 1.00am Golf (HD)

3.30 PGA Tour Classic 4.30 Extra Time

5.00-5.30am Fishing Gurus

### FILM4 (315)

7.10pm Cheaper by the Dozen: Comedy starring Steve Martin and Bonnie Hunt. 9.00 Me, Myself & Irene: Comedy thriller starring Jim Carrey and Renée Zellweger. 11.15 In the Cut: Erotic thriller starring Meg Ryan and Mark Ruffalo. 1.30-3.50am Kinsey: Biopic starring Liam Neeson and Laura Linney.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens: Double-bill. 8.00 Scrubs 9.00 Two and a Half Men 10.00 MUST-SEE 30 Rock 11.00 Peter Kay at the Comedy Store 11.30 Sex and the



8.00 NBA Classics 10.00 Superleague Formula **11.00** 

South Africa Nightly 11.30 UFC 12.00m't IVE Baseball 3.00am Basketball 3.30 Press Pass 2010 4.00-5.00am The Ultimate Fighter: Grappling action.

City 12.40am Two and a Half Men 1.40 South Park 2.40 Scrubs 3.10 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

**ON DIGITAL, SATELLITE AND CABLE TV TONIGHT** 

### BBC3 (115)

7.00pm Total Wipeout 8.00 Hotter Than My Daughter 9.00 Gavin & Stacey 9.30 Lee Nelson's Well Good Show 10.00 EastEnders 11.00 Bizarre ER 11.30 Family Guy 12.15am Gavin & Stacey 12.45 Lee Nelson's Well Good Show 1.15 SPORT Match of the Day: 2010 FIFA World Cup: Spain vs Honduras. 3.00 Total Wipeout 4.00 Bizarre ER 4.30-5.30am Peckham Finishing School for Girls

7.00pm Hollyoaks 7.30 Friends: Triplebill of nonsense. 9.00 One Tree Hill 10.00 Being Erica 11.00 Shameless 12.05-6.00am Big Brother: Live: The latest mayhem from the housemates.

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den 9.30 Mock the Week 10.10 QI 10.50 Never Mind the Buzzcocks 11.30 Mock the Week 12.10am QI 12.50 Game On 1.30 Rob Brydon's Annually Retentive 2.10 The League of Gentlemen 2.45-3.00am SPORT Radical Highs: Speedskiing. Pretty radical, we think you'll agree.

### MTV ONE (350)

7.00pm Gossip Girl 8.00 The Hills 9.00 16 and Pregnant 10.00 The Osbournes: Double-bill. 11.00 Blue Mountain State 12.00m't Jersey Shore 1.00am Jackass 2.00 Blue Mountain State 3.00 I Know My Kid's a Star 4.00 Pimp My Ride 5.00-6.00am Hogan Knows Best

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Passport Patrol 9.00 MUST-SEE Chuck: Sydney kidnaps Chuck's brother-in-law. 10.00

# 21 JUNE MONDAY

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV(R) 9.00 Bones (R)(HD) 10.00 Road Wars (R) 11.00 Pineapple Dance Studios -Best Of - Volume Two (R)(HD) 12.00noon Angela and Friends (HD) **1.00pm** Cold Case (R) 2.00 Project Runway (R) 3.00 Stargate SG-1 (R) 5.00 Futurama (R) 5.30 A League of Their Own (R)(HD) **6.00** Oops TV (R) **6.30** The Simpsons (R)

### 7.00 The Simpsons

Ronaldo guest stars. That's the lovable Brazillian fatty, not the winker. (R)

### 7.30 Futurama

Bender joins a cartel of robot gangsters. Robot gangsters? We're in! (R)

8.00 Pineapple Dance Studios More dance-related misery. (R)(HD)

### 9.00 Kimberley Walsh: **Blue Jean Girl**

The one from Girls Aloud you always forget about explores the history and evolution of jeans. (R)(HD)

10.00 NCIS: Los Angeles Callen uncovers the key to his past. (HD)

11.00 A League of Their Own With Matt Le Tissier and Stephen Mangan on guesting duties. (R)(HD)

### 11.30 Wayne Rooney's Street Striker

SPORT The 12 remaining contestants compete to stay in. Our money's on the big, lumbering kid. Emile something. (R)(HD)

12.30am Oops TV

More home-video mishaps. (R)(HD)

1.00 NEW The Real World: Key West 1.50 Road Wars (R)(HD) 2.40 Road Wars (R) (HD) 3.30 24 (R)(HD) 4.20 Tru Calling (R) 5.10-6.00am Sell Me the Answer (R)(HD)

Trauma: Nancy feels a strong connection to an abandoned baby. 11.00 Medium: Agent Cooper's ghost helps Allison solve a perplexing case. Helpful ghosts are great, aren't they? 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Take It or Leave It

### SYFY (129)

7.00pm Smallville 8.00 Bus Back to the Future: Classic sci-fi comedy adventure. 10.10 FILM Derailed 11.50 V (2010) **1.00am** An American Werewolf in London: Cult horror comedy. 3.00 Flash Gordon 4.00-6.00am Angel

7.00pm NCIS: Double-bill. 9.00 Family Guy: Brian's gay cousin plans to marry. 9.30 American Dad! 10.00 Final 24: Keith Moon's last day. 11.00 Brotherhood 12.10am NCIS: 2.10 Charlie Jade 3.10-4.10am Tour of Duty

### **TODAY'S MUST**



### **Up In The Air** Sky Box Office/HD, from 6am

George Clooney
may be one of the smoothest men in Hollywood but as Ryan Bingham, he faces the unenviable task of laying people off for a living. Luckily, old Ryan isn't exactly big on sentimentality and actually quite enjoys jetting about to give these hapless workers the push. That is, until his boss decides his job could be done just as easily over the web, and Ryan is the one staring down the barrel. A top-notch "dramedy" with an old-school Hollywood feel. ★★★★



### Wimbledon 2010

BBC2, from midday

Beyond the presence of the sexy lady players, we're not massively into this. However, we might take more notice if Andy Murray starts looking good for the final. Big if! ★★★



### Chuck Virgin1, 9pm

Evil operative Sydney Price kidnaps DRAMA Chuck's brother-in-law tonight,

sending our nerdy hero into a panic. Luckily, he has fellow agent – and all-round hottie – Sarah (Yvonne Strahovski) to help him out. Every cloud, eh? ★★★★



### **Portugal vs North Korea**

Portugal may need a big win against the unfancied North Koreans to edge ahead in the race to qualify. Trouble is, aside from Cristiano Ronaldo, they struggle to score goals. Shame!  $\star\star\star\star$ 



### 30 Rock Comedy Central, 10pm

Tracy's man-mountain bodyguard Grizz is getting engaged, which means Tracy could well be the best man. Then the whole TGS crew have to deal with parental visits as Mother's Day comes around. Hilarious! ★★★★

6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Homes Under the Hammer **11.00** Cowboy Trap **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 LIVE Wimbledon 2010: More first-round matches from SW19. 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 10.30 SPORT Yesterday at Wimbledon 11.30 Daily Politics 12.00noon WE Wimbledon 2010: The second day gets under way in the All England Championships. **3.00pm** The Budget 2010 **5.15** We Wimbledon 2010: More from the second day's play.

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal (R) 2.30 LIVE World Cup: France vs South Africa or Mexico vs Uruguay, kick-off 3pm. ITV1 can't make their minds up which one they're going to show, apparently. Whichever one's not being shown here will be on ITV4 though. Hurray! 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

6.15am The Hoobs (R) 6.40 Big Brother's Little Brother 7.05 Big Brother (R) 8.15 Frasier (R) **8.45** Lenny Henry's 5 O'Clock Show (R) **9.45** Deal or No Deal (R) **10.30** Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Coach Trip (R) 12.30 Come Dine with Me (R) 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 Lenny Henry's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 SPORT Extreme Fishing with Robson Green (R) 1.45 Neighbours 2.15 Home and Away 2.50 | Own Britain's Best Home: Flying Visit (R) 3.05 FILM The Brooke Ellison Story: Family drama starring Lacey Chabert. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) **6.25** Live from Studio Five

### 7.00 Match of the Day Live: 2010 FIFA World Cup

MUST-SEE Greece take on Argentina, with Diego Maradona's men looking to escape Group B at the expense of the former European champions. Kick-off 7.30pm.

10.00 BBC News, Weather

Modern art-based chinwagging.

The host is joined by actress Joanna

Lumley and musician Fyfe Dangerfield. (R)

12.15am Sign Zone: See Hear

Examining how the closure of Ovingdean Hall School in Brighton will affect its staff

and pupils. Quite a bit, we reckon. (R)

12.45 Halcyon River Diaries

Philippa Forrester and her family have

a poke about in a stream. Dull. (R)

10.35 Imagine

**Norton Show** 

11.25 The Graham

### 8.00 Today at Wimbledon

SPORT More racket-slinging action from SW19.

### 9.00 Tribal Wives

Another British girl jets off to "find herself" in the middle of nowhere.

### 10.00 Match of the Day: 2010 FIFA World Cup

SPORT All the day's goals and highlights from France vs South Africa, Mexico vs Uruguay, Greece vs Argentina and Nigeria vs South Korea.

### 10.30 Newsnight

### 11.20 Wild Night In

Don't get too excited. It's a charity fundraiser for animals. "Wild" animals to be exact. Do you get it now? "Wild" night in? Yeah, we're disappointed too. (R)

### 7.00 Emmerdale

An hour-long episode? Really? If only there was something else to watch. Hang on a minute, what's that over on BBC1?

### 8.00 Piers Morgan On

A look at the recent gun-based aggro in Spain's Costa del Sol. (R)

### 9.00 The Bill

A successful businessman is abducted by an armed gang.

### 10.00 ITV News

10.35 World Cup Highlights

SPORT The best moments from all today's final matches in Group A and Group B.

### 11.35 October Road

Nick tries to get his family into the festive spirit at Christmas. Why is this on in June?

### 12.30am **The Zone**

Shopping and interactive gaming, together at last. A bit weird really.

### 7.00 News

### 8.00 Gok's Fashion Fix

Gok Wan attempts to tart up another rubbish wardrobe without anyone realising what a state his own one is in.

### 9.00 Inside Nature's Giants: **The Big Cats**

MUST-SEE The team hack open some lions and tigers

to see the bits inside. Cool!

### 10.00 Big Brother

More tears and tantrums in the house.

### 11.10 The Good Wife

Alicia and David represent a woman who wants to divorce her rock star husband.

### 12.05am The Poker Lounge

Action from the opening heat of the sixweek tournament, featuring celeb players such as Jennifer Tilly and the ridiculously named Huckleberry Seed.

### 7.30 Family Food Fight

Featuring a man whose signature dish is an omelette sandwich. Er, yum?

### 8.00 Build a New Life in the Country

Sheep-bothering property show.

### 9.00 CSI: Crime Scene Investigation

A man reports his wife's death, but his grief isn't altogether convincing. (R)

### 10.00 CSI: Miami

A man is killed by a home-made hand grenade while celebrating his birthday at a restaurant. Hey, it happens! (R)

### 11.00 CSI: NY

Danny is trapped in a panic room with a murderer. Hardly ideal is it? (R)

### 12.00m't Cricket on Five

SPORT Highlights from the first one-dayer between England and Australia, held at the Rose Bowl in Southampton.

### 12.55am SuperCasino

Live interactive gaming.

4.05 Wildlife SOS (R) 4.30 Wildlife SOS

1.45 Raymond Blanc: Kitchen Secrets: Winter vegetables. (R) 2.15 Food Fighters (R) 3.00-6.00am BBC News

1.20-3.05am BBC News

2.30 The Jeremy Kyle Show (R) 3.25-5.30am ITV Nightscreen

1.05 Big Brother: Live 3.30 SPORT Boxing 4.00 SPORT Beach Volleyball 4.55 SPORT Formula Ford 5.20 SPORT The Grid 5.45-6.15am SPORT World Sport (R)

(R) 4.55 County Secrets (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 WALES: 10.35pm It's Good to Sing 11.05 Imagine 11.55-12.45am The Graham Norton Show BBC2 SCOTLAND: 11.00-11.20pm Newsnight Scotland BBC2 NORTHERN IRELAND: 10.00pm SPORT Colin and Graham's Excellent Adventures

11.20 Stormont Today 11.50 SPORT Match of the Day: 2010 FIFA World Cup: Including France vs South Africa, Mexico vs Uruguay and Greece vs Argentina. 12.20-1.20am When Romeo Met Juliet STV: 9.00-10.00pm Single-Handed 11.35 NEW Casa

nam Moireasdanach 12.10am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift **ULSTER: 11.00pm** SPORT World Cup Highlights 12.05am Brain Box 3.05 Creature Comforts 3.15 Creature Comforts 3.20-3.25am UTV Rewind

### **TODAY'S SPORT**

### sky SPORTS 1

6.00am Good Morning Sports Fans 7.00 World Cup Report

**7.30** Good Morning Sports Fans

8.00 World Cup Report

8.30 Good Morning Sports Fans 9.00 Football's Greatest

9.30 Rugby Union

11.30 Football's Greatest

12.00noon Cricket (HD) 2.00pm MUST-SEE Cricket: It's the first

of five one-day internationals between England and Australia, from the Rose Bowl Southampton. Brilliant! (HD)

10.30 Rugby Union (HD) 11.00 Golf: The Amateur Golf Championships from Scotland. 12.00m't Football's Greatest

12.30am Cricket (HD)

2.30 Soccer AM: The Best Bits 3.30 Football's Greatest 4.00-6.00am Cricket (HD)

### sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Afterburn (HD)

8.00 Cricket (HD) 10.00 Motorsport (HD)

11.00 Boots 'n' All 12.00noon PGA Tour Classic

1.00pm Motorsport (HD) 2.00 Boots 'n' All

3.00 Rugby Union 5.00 Volleyball (HD)

7.00 Football Asia 7.30 LIVE Greyhound Racing: Coverage

of the Stan James Pall Mall event. 10.00 World Cup Report

10.30 Football's Greatest 11.00 Red Bull Air Race (HD)

12.00m't Golfing World **1.00am** Golf

3.00 Golf

4.00-5.00am Golf (HD)

### FILM4 (315)

6.45pm Time Bandits: Fantasy adventure starring John Cleese. 9.00 Elf: Family fantasy comedy starring Will Ferrell. 10.45 Buffy the Vampire Slayer: Vampire comedy starring Kristy Swanson. 12.25-4.00am The Tree of Wooden Clogs: Italian drama staring Luigi Ornaghi

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Lee Evans: Big - Live at the O2 11.10 30 Rock 12.10am Sex and the City 1.25 Two and a Half Men 2.25 The Office: An American



6.30pm Superleague Formula **7.30** 

Baseball 8.00 NBA Classics 10.00 AFL Review Show 11.00 South Africa Nightly 11.30 Baseball 2.30am Press Pass 2010 3.00-6.00am WE Baseball

Workplace 3.25 South Park 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm LIVE Match of the Day Live: 2010 FIFA World Cup: Nigeria vs South Korea, kick-off 7.30pm. 9.30 Russell Howard's Good News 10.00 Mongrels 10.30 Special 1 TV 10.35 Family Guy: Meg becomes Mayor West's intern. 11.20 Bizarre ER 11.50 Who Is Nelson Mandela? 12.50am Special 1 TV 12.55 SPORT Match of the Day: 2010 FIFA World Cup 2.40 Russell Howard's Good News 3.10 Mongrels 3.40 Bizarre ER 4.10-5.05am Who Is Nelson Mandela?

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Smallville 10.00 The Ricky Gervais Show 10.30 The Cleveland Show 11.00 King of the Hill: Peggy hires actors to help her sell a house. 12.00-6.00am Big Brother: Live

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den 9.30 Mock the Week 10.10 QI XL: With Charlie Higson, Andy Hamilton and Rob Brydon. 11.10 Never Mind the Buzzcocks 11.50 Mock the Week 12.30am QI XL 1.30 Louis Theroux: Law and Disorder in Johannesburg 2.30-3.00am And Then You Die

### MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew 11.30 South Park: Double-bill. 12.30am Jersey Shore 1.00 Jackass 2.00 Jersey Shore 3.00 I Know My Kid's a Star 4.00 Pimp My Ride 5.00-6.00am Hogan Knows Best

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Nothing to Declare 9.00 The Naked Office: Seven

# 22 JUNE TUESDAY

### FULL 7 DAY TV **GUIDE!**

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Cold Case (R) 10.00 Road Wars (R) 11.00 Pineapple Dance Studios - Best Of - Volume Three (R)(HD) 12.00noon Angela and Friends (HD) 1.00pm Cold Case (R) 2.00 Project Runway (R) 3.00 Stargate SG-1 (R) 5.00 Futurama (R) 5.30 A League of Their Own (R)(HD) 6.00 Oops TV(R)6.30 The Simpsons (R)

### 7.00 The Simpsons

A Halloween special. (R)

### 7.30 Futurama

The team acquire a taste for aliens. (R)

### 8.00 Pineapple Dance Studios Twinkle-toed tedium. (R)(HD)

### 9.00 House

The doctor helps an artist with distorted perceptions. (R)(HD)

### 10.00 House

House learns his father has died. (R)(HD)

### 11.00 A League of Their Own

With actress Ruth Jones and journalist Alastair Campbell. (R)(HD)

### 11.30 Wayne Rooney's Street Striker

SPORT Wazza decides who'll win tickets to the 2010 World Cup final. Hopefully he'll be on the pitch rather than sitting next to them! (R)(HD)

### 12.30am Oops TV

Clip-show gubbins with JLC. (R)(HD)

1.00 The Real World: Key West 1.50 Road Wars (R)(HD) 2.40 Road Wars (R) (HD) 3.30 24 (R)(HD) 4.20 Tru Calling (R) 5.10-6.00am Sell Me the Answer (R)(HD)

Suphi helps two eco-warrior brothers. 10.00 Brit Cops: Frontline Crime UK: A drug-dealing car thief is hunted down by the Robbery Squad. 11.00 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Take It or Leave It

### SYFY (129)

7.00pm Smallville 8.00 Painkiller Jane 10.00 MUST-SEE V: Erica attempts to destroy the eggs. Good luck! 11.00 FILM Stonehenge Apocalypse: Thriller starring Misha Collins and Hill Harper. 12.50am The Ferryman: Horror thriller starring John Rhys-Davies and Kerry Fox. 3.00 Flash Gordon 4.00-6.00am Angel

### FX (164)

7.00pm NCIS 9.00 Family Guy 9.30 American Dad! 10.00 Nip/Tuck 11.00 The Border 12.00m't NCIS 2.00am No Signal 3.00-4.00am Tour of Duty



### **England vs** Australia

Sky Sports 1/HD, 2pm

SPORT The hype starts here! England

travel to Oz for the Ashes this winter but before that, they face the big galahs in a fivegame one-day series, starting here in Southampton. Andrew Strauss' men may have stuffed Australia in recent Tests but they're still iffy in the 50-over format. Still, if they get off to a good start, we might yet get the magic that saw them win the Twenty20 World Cup a few weeks ago. ★★★★



### **Greece vs Argentina**

BBC1, 7pm

Greece may have defied expectations **SPORT** to win Euro 2004, but with Lionel Messi and Inter goal ace Diego Milito in Argentina's ranks, expect to see Maradona smiling at the end.  $\star\star\star\star\star$ 



Syfy, 10pm

The first series of another drama that gives aliens a bad name ("visitors" land on earth and turn out to be evil) wraps up with Erica trying to destroy the eggs that are about to hatch and form Anna's army of warriors. Yikes! ★★★



### **Inside Nature's Giants:** The Big Cats Channel 4, 9pm

Tonight, man gets one over on beast as scientists rummage around inside a lion and a tiger. Definitely not for the squeamish! ★★★



### **Spartacus: Blood** And Sand Bravo, 10pm

Spartacus has to team up with his sworn Spartacus nas to team and the UFC enemy, Crixus. This is a bit like the UFC with swords. And boobs – lots of them! ★★★

6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 Cash in the Attic (R) 12.15pm Wimbledon 2010: Coverage of day three. 1.00 BBC News, Weather **1.30** Regional News, Weather 1.45 Wimbledon 2010: Further coverage. 2.15 MUST-SEE Match of the Day Live: 2010 FIFA World Cup: Fabio's boys take on Slovenia, kick-off 3pm. 5.30 WE Wimbledon 2010: Further coverage. 6.00 BBC News, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 10.30 SPORT Yesterday at Wimbledon 11.30 Daily Politics 1.00pm Wimbledon 2010: The third day of the All England Championships from SW19.

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal (R) 3.00 Midsomer Murders (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

6.15am The Hoobs (R) 6.40 Big Brother's Little Brother 7.05 Big Brother (R) 8.15 Frasier (R) **8.45** Lenny Henry's 5 O'Clock Show (R) **9.45** Deal or No Deal (R) **10.30** Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Coach Trip (R) 12.30 Come Dine with Me (R) 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 Lenny Henry's 5 O'Clock Show: With Adam Garcia. 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Extreme Fishing with Robson Green (R) 1.45 Neighbours 2.15 Home and Away 2.50 | Own Britain's Best Home: Flying Visit (R) 3.05 FILM Always and Forever: Romantic drama starring Rena Sofer. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

### 7.00 EastEnders

There's an hour of this, so get your mitts on the remote, sharpish.

### 8.00 The Inspector **Lynley Mysteries**

Lynley is suspected of murder. (R)

9.30 Outnumbered More family-based chuckles. (R)

10.00 BBC News, Weather 10.35 The National

**Lottery Draws** 10.45 Children's Emergency

### 11.15 Match of the Day:

2010 FIFA World Cup

SPORT All the day's best action
as Groups Cand D draw as Groups C and D drew to a conclusion. Highlights include England's clash with Slovenia.

### 12.15am Inside Sport: The Last Taboo

SPORT A look at whether gay sports stars can now be open about their sexuality. (R)

12.50 Sign Zone: DIY SOS

1.20 Mary, Queen of Shops (R) 2.20 The Delicious Miss Dahl (R) 2.50 Food Fighters (R) 3.35-6.00am BBC News

8.00 Today at Wimbledon

SPORT Highlights from today's second-round matches.

### 9.00 Tribal Wives

Divorced single mother Jackie Davis of Bristol joins the Karen tribe in Thailand.

### 10.00 **QI**

Alan Davies, Jimmy Carr, Phill Jupitus and Johnny Vegas answer questions about eating. Two of them have a bit of an advantage, if you ask us. (R)

10.30 Newsnight

### 11.20 What Makes a Great Soprano?

What it takes to bang out a tune. (R)

### 12.20am The Royal Academy **Summer Exhibition 2010: A Culture Show Special**

Arty-farty gubbins. Give it a miss. (R)

1.20-3.40am BBC News

7.00 World Cup

LIVE More indecision from ITV1, who'll be showing either Ghana vs Germany or Australia vs Serbia. Kick-off 7.30pm. Make up your minds! Happily, both will be shown anyway one here, the other on ITV4. Cool!

### 9.30 James Corden's **World Cup Live**

SPORT Matt Le Tissier pops in for a giggle with Corden and co.

10.00 ITV News

### 10.35 World Cup Highlights

SPORT Action from today's Group C and Group D matches. Surely England have qualified? Surely!

11.35 Spain: Paradise Lost British expats in Spain. (R)

### 12.30am The Zone

Shopping and interactive gaming.

2.30 FLM The Amityville Horror: Supernatural horror movie starring James Brolin. 4.30-5.30am ITV Nightscreen

7.00 News

### 8.00 Come Dine with Me: Wags Special

The lovely Nicola T and friends compete for most culinarily competent WAG. (R)

### 9.00 Big Brother

See the next generation of WAGs here!

### 10.00 Desperate Housewives It's the neighbourhood with more trout-pouts than your local fishmonger!

11.00 The Big Bang Theory The gang fight over a ring they believe was used in *The Lord of the Rings*.

### 11.30 My Name Is Earl

Joy tries to prove her IQ is greater than Darnell's. Good luck with that.

### 12.00m't My Name Is Earl The do-gooder helps an old friend who

ended up living in the wild.

### 12.30am Music on 4: The **Album Chart Show Spotlight** A round-up of the week's releases.

12.45 4Play: Deftones

Performance and chat with the US band.

1.00 Big Brother: Live 5.15 Life Class: Today's Nudes: Painter Gary Hume leads a class. (R) 5.40-6.25am Countdown (R) 7.30 Daring Raids of World War Two

Lip-stiffening antics. (R)

### 8.00 Mary Magdalene - Saint or Sinner?

Don't ask us. (R)

### 9.00 NCIS

Tony questions Ziva's loyalty to the team.

### 10.00 K-Ville

NEW Solid drama following a pair of cops working in post-Hurricane Katrina New Orleans. It was previously shown on Five USA.

### 10.55 CSI: Crime Scene Investigation

The team investigates the murders of the owners of a mansion that is up for sale. (R)

### 11.55 Poker

SPORT Highlights of all the high-stakes card-flipping from the recent Big Game IV event.

### 12.55am SuperCasino

Live interactive gambling gubbins.

4.05 Wildlife SOS (R) 4.30 Wildlife SOS (R) 4.55 County Secrets (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 NORTHERN IRELAND: 10.45pm SPORT Colin and Graham's Excellent Adventures 11.15 Children's Emergency 11.45 SPORT Match of the Day: 2010 FIFA Inside Sport: The Last Taboo BBC2 SCOTLAND: World Cup 12.45am SPORT Inside Sport: The Last

11.15 Children's Emergency 11.45 SPORT Match of the Day: 2010 FIFA World Cup 12.45am SPORT

3.00pm Wimbledon 2010 11.00pm Newsnight Scotland BBC2 NORTHERN IRELAND: 10.00pm The

Blame Game 11.20pm Wild Night In BBC2 WALES: 7.30pm lolo's Wild Times STV: 10.30pm STV News and Weather 11.35 Anam's Inntinn 12.10am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live

Tonight 11.00 SPORT World Cup Highlights 12.00m't-2.30am Brain Box ITV1 WALES: 10.30pm Wales Tonight, Weather

Taboo BBC1 WALES: 10.45pm Hotel Stephanie

### **TODAY'S SPORT**

sky SPORTS 1

9.00 Football's Greatest

**1.00** Golf

5.30 Football's Greatest

meetings at Bath and Naas.

11.30 Rugby Union (HD)

12.30am Motorsport

4.00-6.00am Cricket (HD)

### FILM4 (315)

6.45pm Ever After: Romantic drama starring Drew Barrymore and Dougray Scott. 9.00 StakeOut: Comedy thriller starring Richard Dreyfuss. 11.15 The Savages: Comedy drama starring Laura Linney and Philip Seymour Hoffman. 1.25-3.15am Through a Glass Darkly: Swedish drama with Harriet Andersson.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs: Turk receives an answer to his marriage proposal. 9.00 Two and a Half Men **10.00** The Office: An American



7.00pm AFL 8.00 NBA Classics 10.00 **NBA Fastbreak** 

Tonight 12.00m't WE Baseball 3.00am Press Pass 3.30 AFL Review Show 4.30-5.30am Superleague Formula

Workplace: Michael tries to change Stanley's attitude. 11.00 Peter Kay at the Comedy Store 11.30 Peter Kay: The Early Days 12.00m't Sex and the City 1.10am Two and a Half Men 2.10 The Office: An American Workplace 3.10 South Park 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

### BBC3 (115)

**7.00pm** The World's Strictest Parents 8.00 Don't Tell the Bride 9.00 Peckham Finishing School for Girls 10.00 EastEnders 11.00 Family Guy: Brian's gay cousin plans to marry. 11.45 Mongrels: Animated adult comedy following the lives of animals living behind a city pub. 12.15am Special 1 TV 12.20 500 Match of the Day: 2010 FIFA World Cup: Slovenia vs England. 2.00 Peckham Finishing School for Girls 3.00 Don't Tell the Bride 4.00 The World's Strictest Parents 5.00-5.30am Bizarre ER

7.00pm Hollyoaks 7.30 Friends 9.00 Dogma: Fantasy comedy starring Matt Damon and Ben Affleck. 11.30 You Have Been Watching: With Robert Webb, Jason Manford and Sharon Horgan. 12.20-6.00am Big Brother: Live

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den Around the World 9.30 Mock the Week 10.10 QI XL 11.10 Never Mind the Buzzcocks 11.50 Mock the Week 12.30am QI XL 1.30 Game On 2.10 Jeremy Clarkson Meets the Neighbours 2.45-3.00am SPORT Radical Highs

### MTV ONE (350)

7.00pm Gossip Girl 8.00 The City 9.00 16 and Pregnant 10.00 Blue Mountain State 11.00 South Park 12.00m't Jersey Shore 1.00am Jackass 2.00 Blue Mountain State 3.00 I Know

**6.00am** Good Morning Sports Fans 7.00 World Cup Report

7.30 Good Morning Sports Fans 8.00 World Cup Report 8.30 Live Rugby: New Zealand Maoris vs

England, kick-off 8.35am. (HD) 11.00 Red Bull Air Race (HD)

12.00noon Football's Greatest 12.30pm Cricket (HD) 2.30 Rugby Union (HD)

**3.30** Cricket (HD) 5.30 LIVE Cricket: Warwickshire face Leicestershire for some Twenty20. (HD)

9.00 Rugby Union (HD) 10.00 World Cup Report

10.30 You're on Sky Sports! 12.00m't FIFA Futbol Mundial

12.30am Cricket (HD)

2.30 Soccer AM: The Best Bits 3.30 You're on Sky Sports! 5.00-6.00am Soccer AM: The Best Bits

### sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Vintage Collection 8.00 Golf

**9.30** Poker 10.30 Football's Greatest

11.00 National Sevens Rugby 12.30pm Football Asia

5.00 Total Rugby

6.00 Boots 'n' All 7.00 LIVE Horse racing: This evening's two

9.00 British Motocross

10.00 Cage Fighting

1.30 Cage Fighting 3.00 Boots 'n' All

11.00 South Africa Nightly 11.30 Baseball

88 Nuts

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Cold Case (R) 10.00 Road Wars (R) 11.00 Fat Families (R)(HD) 12.00noon Angela and Friends (HD) 1.00pm Cold Case (R) **2.00** Project Runway (R) **3.00** Stargate SG-1 (R) 5.00 Futurama (R) 5.30 A League of Their Own (R)(HD) 6.00 Oops TV(R) 6.30 The Simpsons(R)

### 7.00 The Simpsons

Three stories of revenge, Springfield style. Sounds promising! (R)

### 7.30 Futurama

New New York's robots celebrate Mother's Day . (R)

### 8.00 Fat Families:

Revisiting a family that originally weighed a combined 56st. Blimey - hide the crisps, quick! (HD)

### 9.00 Gone in Sixty Seconds

FILM Action caper starring Nicolas Cage as a veteran car thief looking for one last score.

### 11.15 A League of Their Own

Abbey Clancy is one of the guests. She's everywhere at the moment! Not that we're compaining. (R)(HD)

### 11.45 Border Invasion USA

NEW Following the work of Arizona's elite border police. You don't want a cavity search off this lot.

### 12.45am The Real World: **Key West**

1.15 The Real World: Key West 1.45 Road Wars (R)(HD) 2.40 Road Wars (R)(HD) 3.30 24 (R)(HD) 4.20 Tru Calling (R) 5.10-6.00am Sell Me the Answer (R)(HD)

My Kid's a Star 4.00 Pimp My Ride 5.00-6.00am Hogan Knows Best

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Trauma 9.00 Criminal Minds 11.00 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Take It or Leave It

### SYFY (129)

7.00pm Smallville 8.00 Knight Rider 9.00 V 10.00 Human Target: Chance is questioned about an old assignment. 11.00 FILM Paycheck 1.20am Painkiller Jane 2.20 3rd Rock from the Sun 3.00 Flash Gordon 4.00-6.00am Angel

### FX (164)

7.00pm NCIS: Double-bill. 9.00 Family Guy 9.30 American Dad! 10.00 Dexter: Double-bill. 12.15am NCIS 2.15 Cheers 3.15-4.15am Tour of Duty

### **TODAY'S MUST-SEES**



### Slovenia vs **England**

SPORT Is there no end to the great sport on offer this week? This time, it's England's final Group C match! Fabio's men will know anything other than a win would be a real shock. However, the Slovenians ran them close in last September's friendly, with only a disputed penalty helping England grab an unconvincing 2-1 win. USA vs Algeria is available on the red button thingy for digital viewers, by the way. ★★★★



### Brothers Sky Box Office/HD, From 6.30am

Tense drama starring Tobey Maguire as Sam, a Marine held hostage in Afghanistan whose brother Tommy (Jake Gyllenhall), assuming his sibling to be dead, bonds with his wife – if you know what we mean. But then Sam returns home... ★★★★



### Sons Of Anarchy Bravo, 10pm More from those nice, balanced chaps

DRAMA of the renegade motorcyle club. Samcro's adult film business becomes a problem, but, on the up side, it gives Clay the chance to further

their gun-running operation! Every cloud... ★★★★



### Justified Five USA, 10pm

DRAMA More crimefighting with a Western twist, as Marshall Raylan Givens and his rather impressive Stetson get caught in a tense hostage negotiation. Meanwhile, the Crowder clan are causing problems again. Pesky hillbillies! ★★★



6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Homes Under the Hammer **11.00** Cowboy Trap **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 LIVE Wimbledon 2010: More ball-smacking from SW19. 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 10.30 Animal Park (R) 11.00 Lifeline (R) 11.10 WE Wimbledon 2010: The second-round matches in the men's and ladies' singles. Or hours of teeming rain. Probably the later, actually. **3.25pm** CBBC **5.50** WE Wimbledon 2010

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal (R) 2.30 LIVE World Cup: Slovakia vs Italy or Paraguay vs New Zealand, kick-off 3pm. You know the drill by now - whichever one's not being shown here will be on ITV4! 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

6.25am The Hoobs (R) 6.50 Big Brother's Little Brother 7.20 Big Brother (R) 8.15 Frasier (R) **8.45** Lenny Henry's 5 O'Clock Show (R) **9.45** Deal or No Deal (R) **10.35** Everybody Loves Raymond (R) 11.00 Friends (R) 12.00 noon Channel 4 News Summary 12.05pm Coach Trip (R) **12.30** Come Dine with Me (R) **2.55** Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 Lenny Henry's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks: Tony neglects Cindy.

7.00 News

8.00 Location.

**Location, Location** 

9.00 Big Brother

Today's biggest dust-ups.

10.00 Kerry and Me

11.05 Skins

An intimate look at the life of Kerry

After his violent outburst at the party,

12.10am Dirty Sexy Money

Nick discovers a secret about Nola during

Cook faces a charge of GBH.

Katona. Talk about car-crash telly.

How about BBC1, BBC1, BBC1?

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Extreme Fishing with Robson Green (R) 1.45 Neighbours 2.15 Home and Away **2.50** The Family Recipe (R) **3.00** The Easy Life: Period comedy drama starring Gena Rowlands. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) **6.25** Live from Studio Five

### 7.00 Match of the Day Live: 2010 FIFA World Cup

MUST-SEE Cameroon vs
Netherlands from the Cape Town Stadium in South Africa, kickoff 7.30pm. Expect Total Football. Ace!

10.00 BBC News, Weather

### 10.35 Question Time

Topical political debate from Southport. Expect total boredom. Groan.

11.35 This Week More of the above.

12.25am Sign Zone: Panorama

An attempt to establish the facts about climate change. (R)

### 12.55 Countryfile

Waffle about cowpats and the like. (R)

1.55 Cracking Antiques (R) 2.25 Food

SPORT Highlights of the fourth day, analysing the talking points from the second-round matches.

8.00 Today at Wimbledon

### 9.00 Gareth Malone **Goes to Glyndebourne**

The choirmaster takes the teenagers to see a performance of Puccini's La Boheme. That's unfortunate for them.

### 10.00 Mock the Week MUST-SEE Topical laughs, with Jack Whitehall.

10.30 Newsnight

### 11.20 Match of the Day: 2010 FIFA World Cup

SPORT Getting sick of the footy yet? Us neither! Here

are the highlights of Cameroon vs Netherlands and Slovakia vs Italy. 11.50 The Culture Show

Michael Jackson's impact on music. (R)

12.50-3.55am BBC News

7.00 Emmerdale

Tractor-driving twaddle.

7.30 William and Harry -The Brother Princes: Tonight

### 8.00 Emmerdale

Why aren't you watching the football?

### 8.30 Coronation Street

Manc-based grimness.

### 9.00 Taggart

Speaking of grim - two bodies are found in a disused coal mine. Can we have some light relief please? (R)

10.00 ITV News, Weather Apparently not.

### 10.35 World Cup Highlights

SPORT That's better! It's action from today's matches -Cameroon vs Netherlands, Denmark vs

Japan, Paraguay vs New Zealand and Slovakia vs Italy. Excellent!

### 11.35 Isle of Wight Festival Highlights

Gigs from Jay-Z and the Strokes.

2.35 SPORT British Touring Car

12.35am The Zone

1.05 Big Brother: Live 4.45 Dispatches: Championship Highlights: Round five How to Save £100billion (R) from Croft. 3.55-5.30am ITV Nightscreen 5.40-6.25am Countdown (R)

Letitia's murder trial.

7.30 Fifth Gear

MUST-SEE Tiff Needell drives an Aston Martin Rapide, making us feel jealous in the process.

### 8.00 Britain's Greatest **Machines with Chris Barrie**

The actor examines how trains have changed British society.

### 9.00 Before You Go

Three sisters find the love they never knew they were missing when they are reunited at their mother's funeral. Julie Walters stars. Give it a miss.

11.00 Forensic Files

More mind-boggling cases.

### 11.30 Cricket on Five

SPORT The second one-dayer between England and the Aussies, this time from Cardiff.

12.30am SuperCasino Live interactive gaming.

4.05 Wildlife SOS (R) 4.30 Wildlife SOS (R) 4.55 County Secrets (R) 5.10 The New Tomorrow (R) 5.35-6.00am

Michaela's Wild Challenge (R)

Fighters (R) 3.10 Food Fighters (R) 3.55-6.00am BBC News BBC1 WALES: 11.35pm Dragon's Eye 12.05-

> Newsnight Scotland, Weather 11.15-11.20pm Budget Response BBC2 NORTHERN IRELAND: 12.50am When Romeo Met Juliet 1.50-3.55am

12.25am This Week BBC2 SCOTLAND: 11.00pm

BBC News STV: 9.00-10.00pm Death Duties 11.35 Politics Now 12.05am Roulette Nation 1.00 Nightwatch with Steve Scott: Mystery 2.00-5.30am The Nightshift ULSTER: 10.55pm Mourne 11.00 SPORT World Cup Highlights: Action from the final

matches in Group E and Group F. 12.00m't Brain Box 3.00-3.55am The Jeremy Kyle Show ITV1 WALES: 7.30pm Vale of Sorrow - The Six Bells Mining Disaster 11.35 The Sharp End 12.05-12.35am William and Harry - The Brother Princes: Tonight

**TODAY'S SPORT** 

### sky SPORTS 1

6.00am Good Morning Sports Fans 7.00 World Cup Report 7.30 Good Morning Sports Fans

8.00 World Cup Report 8.30 Good Morning Sports Fans

9.00 Cricket (HD)

11.00 Total Rugby

11.30 FIFA Futbol Mundial

12.00noon Cricket (HD)

2.00pm LIVE Cricket: The second one-day ball-clobbering between England and

Australia in Cardiff. (HD) 10.30 IAAF Athletix Weekly

11.00 Time of Our Lives: A look at the Newcastle United side of 1969.

12.00m't Football's Greatest

12.30am Premier League World

1.00 Cricket (HD)

3.00 Football's Greatest

3.30 Premier League World 4.00-6.00am Cricket (HD)

### sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 You're on Sky Sports! 8.30 Powerboating 9.00 Boots 'n' All 10.00 British Motocross Championship 11.00 Aerobics 11.30 Racing News 12.00noon Watersports World 1.00pm Total Rugby

1.30 FIFA Futbol Mundial

2.00 Boots 'n' All

3.00 Watersports World

**4.00** Boots 'n' All

5.00 Transworld Sport

6.00 ATP Tour Uncovered

6.30 Premier League World 7.00 NRL Fulltime

7.30 LIVE Rugby League: Sheffield Eagles vs Barrow Raiders, kick-off 7.30pm.

9.30 Super League's Supermen 10.00 World Cup Report

10.30 Football's Greatest 11.00 Race World 12.00m't NRL Fulltime 12.30am Rugby League 2.30-3.30am Race World

### FILM4 (315)

7.00pm Mad Money: Heist comedy starring Diane Keaton. 9.00 Ferris Bueller's Day Off: Teen comedy starring Matthew Broderick. 11.00 Saw: Horror thriller starring Leigh Whannel. 1.00-3.10am PREMIERE Lemon Tree:

Political drama starring Hiam Abbass.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs: Double-bill. 9.00 Two and a Half Men 10.00 Lee Evans: Big - Live at the 02 11.10 Sex and the City 12.20am Two and a Half Men 1.20 South Park 2.20



5.30pm Down the Barrel 7.30 Basketball 8.00

NBA Classics 10.00 MMA 11.00 South Africa Nightly 11.30 Baseball 12.00m't UFC All Access 12.30am Press Pass 2010 1.00 Baseball 4.00-5.00am MMA

Scrubs 3.20 Two and a Half Men 4.15 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

### BBC3 (115)

7.00pm WE Match of the Day Live: 2010 FIFA World Cup: Denmark vs Japan, kickoff 7.30pm. 9.30 The Real Hustle Around the World 10.30 🞹 Well Good Show 11.00 Family Guy 11.45 Peckham Finishing School for Girls 12.45am The Real Hustle Around the

World 1.40 SPORT Match of the Day: 2010 FIFA World Cup 3.20 Lee Nelson's Well Good Show 3.50 SPORT England's Worst Ever Football Team 4.50-5.05am SPORT World Cup's Most Shocking Moments

7.00pm Hollyoaks 7.30 Friends 9.00 The Big Bang Theory 9.30 How I Met Your Mother 10.00 Accidentally on Purpose: Billie struggles to control her libido. 10.30 Alan Carr: Chatty Man: With Russell Brand and Pamela Anderson. 11.20 Rude Tube 11.50-6.00am Big Brother: Live

### **DAVE (111)**

7.00pm Seaside Rescue 8.10 Dragons' Den: A disco for parents and their children. 9.30 Mock the Week: With Ed Byrne and Stewart Francis. 10.10 QI XL 11.10 Never Mind the Buzzcocks: With Harry Shearer. 11.50 Mock the Week 12.30am QI XL 1.30-3.00am Game On

### MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew: Reality show. 11.30 South Park: Double-bill. 12.30am Jersey Shore 1.00 Jackass 2.00 Jackass: Where Are They Now? 2.30 Jersey Shore 3.00 I Know My Kid's a Star 4.00 Pimp My Ride 5.00-6.00am Hogan Knows Best

# 24 JUNE THURSDAY

### FULL 7 DAY TV **GUIDE!**



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV(R) 9.00 Cold Case (R) 10.00 Road Wars (R) 11.00 Fat Families (R)(HD) 12.00noon Angela and Friends (HD) 1.00pm Cold Case (R) 2.00 Project Runway (R) 3.00 Stargate SG-1 (R) 5.00 Futurama (R) 5.30 A League of Their Own (R)(HD) 6.00 Oops TV(R) 6.30 The Simpsons (R)

### 7.00 The Simpsons

Bart begins seeing a therapist. (R)

### 7.30 Futurama

The gang's dreams come true. (R)

### 8.00 Pineapple Dance Studios

Fly-on-the-wall nonsense. (R)(HD)

### 9.00 A League of Their Own

Renowned film fanatic Claudia Winkleman and baldy comedian Dara O'Briain guest on the sports quiz. (R)(HD)

**9.30 Modern Family**Jay and Phil compete for the job of basketball coach. (R)(HD)

### 10.00 Lie to Me

A seemingly simple case becomes complicated for Cal. Inevitably. (HD)

### 11.00 A League of Their Own

With Steve Harmison. (R)(HD) 11.30 Border Invasion USA

### 12.30am NCIS: Los Angeles

Callen uncovers the key to his past, apparently. (R)(HD)

1.30 The Real World: Key West 2.00 The Real World: Key West 2.30 Road Wars (R) (HD) 3.25 24 (R)(HD) 4.20 Tru Calling (R) 5.10-6.00am Sell Me the Answer (R)(HD)

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager: Neelix's arch-enemy arrives on the ship. 8.00 Chuck **9.00** Warehouse 13 **10.00** Medium 11.00 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am How Clean Is Your Crime Scene? 4.00-5.00am Take It or Leave It

### SYFY (129)

7.00pm Smallville 8.00 Knight Rider 10.00 Painkiller Jane 12.00m't FILM Out for a Kill: Thriller starring Steven Seagal, Michelle Goh and Corey Johnson. 2.00am Flash Gordon 3.00 Painkiller Jane 4.00-6.00am Angel

### FX (164)

7.00pm NCIS: A female officer is found dead. 9.00 Family Guy: Double-bill. 10.00 Eastbound and Down 11.10 Family Guy 12.10am NCIS 2.10 ReGenesis 3.10-4.10am Tour of Duty

### **TODAY'S MUST-SEES**



### **Fifth Gear**

Five, 7.30pm

CARS Another dollop of top car capers as lucky old Tiff Needell takes the Aston Martin Rapide (left) - dubbed the world's most beautiful motor – for a spin. Somewhat less glamorously, Jason Plato puts two executive saloons to the test, while Jonny Smith indulges in some sheep-swerving by taking part in the 75-mile Ilkley Trial in the Yorkshire Dales, Elsewhere, Vicki Butler-Henderson checks out the Rolls Royce Phantom's baby brother, the Ghost. They sound cheery! ★★★



### **Cameroon vs Netherlands**

BBC1, 7pm

An interesting fixture (but then, they all SPORT An interesting nature (Song, Samuel Eto'o et al coming up against the likes of Robin van Persie and Dirk Kuyt. It's beer time again! ★★★★★



### Lee Nelson's Well Good Show BBC3, 10.30pm

Simon Brodkin's saarf London geezer provides more cheeky-chappy stand-

up laughs. Not exactly great, but... good! ★★★★



### Mock The Week BBC2, 10pm

More from the new series of one of the funniest panel shows on telly. All the regulars of the last series are present and correct (still minus Frankie Boyle, sadly), with Jack Whitehall and Jarred Christmas this week's guests. Ace! ★★★★





For more info, go to www.nuts.co.uk/ibiza

### **Nuts MUST HAVE**

### **JOKELINES**





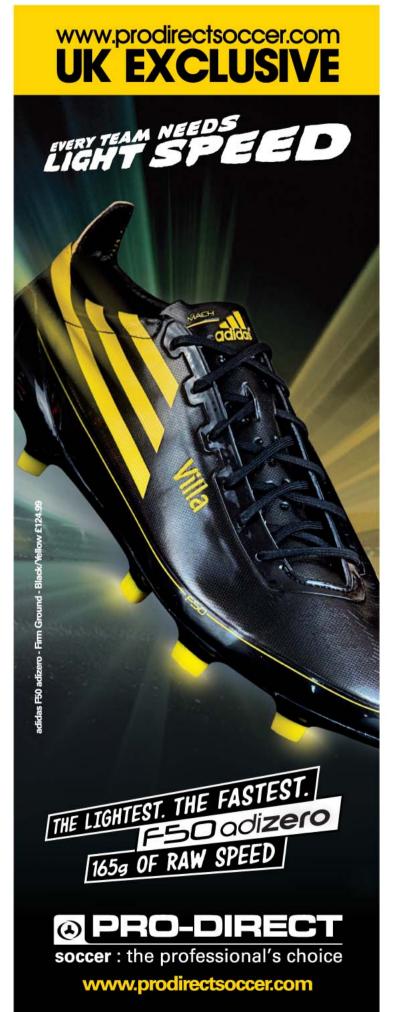


### **SPORTS**



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### MUST HAVE

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416407



Frisky Blonde Reveals All

418768 418771





txts cost 25p



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Naughty Bridesmaid Gets Caught Outl----416158 Frisky Air Hostess Loves To Show Off! ----419660 414027 Let Mates Younger Sis Dominate Me-DD+ Babes Get Randy After A Night Out---416874 Tattooed Babes Saucy Spanking Action——412087 Sexy New Bride Shows More From Behind!——418703 Caught My Wife & Her Mate In Our Bed! -----412090 Playboy Babe Plays In Naughty Uniform----419150 Lucy Zara Self Plays In PVC Boots -418702 Sophie Howard Reveals All For You! 416255 Glamour Babe Eva Loves Playing In PVC! -----418221 Frisky Girlfriend Seduced My Bro On Cam-----4164DF Naughty Students Saucy Shower Action ---416412 Neighbours Pierced Daughter Gets Them Out!-419121 Sexy Blonde Strips Bare In The Bedroom---Lindsay Strutt Shows You More In Bedroom --418722 Sexy Fat Babe Plays With Massive Rack! ----416159





Lucy Pinder Naked in Bed 412461





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### text alerts

Father Ted - Feck Off Phone - 217013	
Meerkat Advert - Simples 217015	
Achmed - Silence I Kill You! - 213885	
Go Compare Song 213973	
Family Guy - Surfin Bird 211356	
Cartman - Poker Face 211892	
Die Hard - Yippe Ki Ay Mother 211360	
Wolf Whistle 212001	
Retro Budweiser - Wasssssup! - 218048	
Massive Fart 211883	
SAW - Evil Puppet Laugh 215728	
Air Raid Siren 218058	
M16 Rifle 218114	١
ScarfaceLittle Friend 217924	
Gavin & Stacey - Oh, Whats Occurin - 215722	
Fast & The Furious Dump Value - 213846	
Stewie - Victory is Mine! 215851	
Father Ted - Drink, Feck, Arse! - 213892	
Family Guy Theme - Rap Version - 211649	

Dukes Of Hazzard - General Lee - 218135 Naked Gun - Nice Beaver! -- 214149





TO ORDER: txt ITEM CODE to 80155

All Items Just £3

### themes

top tv themes		
NCIS 216699		
Match Of The Day 216057		
Family Guy 212009		
Only Fools and Horses 213188		
Banana Splits 211423		
Father Ted 218832		
Phoenix Nights 212008		
League Of Gentlemen 217419		
Littlest Hobo 217429		
South Park 212842		
Formula 1 Theme 216395		
Fawlty Towers 213951		
Auf Wiedersehen Pet 219208		
Shameless 217632		
The Simpsons 217291		
movie themes		

And the Control of th		
Deliverance - Duelling Banjos -	213290	
The Good, The Bad & The Ugly-	217281	
The Godfather	217154	
The Great Escape	212168	
Dambusters	217135	
Mission Impossible	217286	
Reservoir Dogs	210387	
High Noon	216639	
Smokey & The Bandit	216638	
Saw Theme	219575	

### world cup special!

World In Motion New Order	219265
3 Lions The Squad 2010	219280
Wavin Flag K'Naan	219064
Tubthumping Chumbawamba	219319
Jerusalem	219354
Nessan Dorma Three Tenors	219369
Shout For England Dizzee Rascal	219408
Three Lions Lightning Seeds	219630
Waka Waka Shakira	219718
Lets Hear It England! CHANT	219821
If I Can Dream Terry Venables	219628
Ingerland CHANT	218895
It's Coming Home CHANT	218896
Three Lions CHANT	218897
England CHANT	218892
England We Love You CHANT	218898
England Clap CHANT	218893
Vuvuzela Horn SOUND EFFECT	218901
England World Cup Flag ANIMATION	219759
Match Of The Day THEME	216057
Soccer AM THEME	216764
Rooney No. 10 WALLPAPER	219780
Gerrard No. 4 WALLPAPER	219856
Lampard No. 8 WALLPAPER	219857

OFFICIAL MUSIC FOR YOUR MOBILE

# The following women!

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW

Gill, UK (34)



Anna, London (36)



Get my hot pix...text CARO to 68889

Caro, Wales, (44)



Tash, Glasgow (18) Get my hot pix...text

TASH to 68889

ants for

Minki, Leics (18)



Claire,Uk (38)



Val, UK (40s)

OR WHEN IT SUITS YOU



to 68889

Ami,20 GLOUCS

Get my hot pix HOT videos ...text

to 68889

### ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY 'RE ALL HOT AND THEY'VE ALL GOT 'EM!



to 68889

Liz, 20s Hants/Uk



Get my hot pix AND HOT VIDEOS ...text

to 68889



to 68889

lule, Uk (40)



Hot single woman (40) wants to be contacted by guys 18-35 for fur basy times. Get my ho

JULE

to 68889

### Milf, 40s North England



to 68889

Nat (19) MIDLANDS/UK



Text me anytime & Get my pix...and HOT VIDEOS

Text NAT to 68889

Mell,Belfast NI (18)



Get my hot pix...text MELL to 68889



Carly, 18 UK

Get my hot pix...an HOT videos text

to 68889

CARLY

Lib NORTH WEST (21)

my .text

to 68889

to 68889







to 68889



Get my hot pix...text

Kyli 20, SUSSEX

to 68889

Beverly Mids/Uk (3os)

Nici, LANCS 38 and HOT!



Especi with m **POLLY** to 68889



Get my pix... to 68889



**ESSEX (34)** 

### nersonas FAST! This is to 68889

Saucy, 34 Kent/Sussex



SAUCY to 68889

See who replies to your postcode....

To be matched to a woman (with HOT hotos & maybe HOT

videos Text-

C followed by your postcode to 68889 (for example PC NE344NB)

Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile

Text SWAP anytime to swap to a different hot woman\*



KAT to 68889



Get my pix...



Kitty,18 Lanc

Lity, UK (40)

Wants to hearfrom a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text



Also

www

UK

EASY ACTION

.COM

HOOK UP

NOW - VIA

MOBILE

Get my hot pix...an VIDEOS text to 68889



Get my hot pix...and VIDEOS text to 68889



to 68889



Get my hot pix...AND VIDEOS text AMB to 68889

st/Uk (43)



Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you

BEVERLY

to 68889

Leah, London/Uk (19)











Get HWILKIE





Naughty, South West

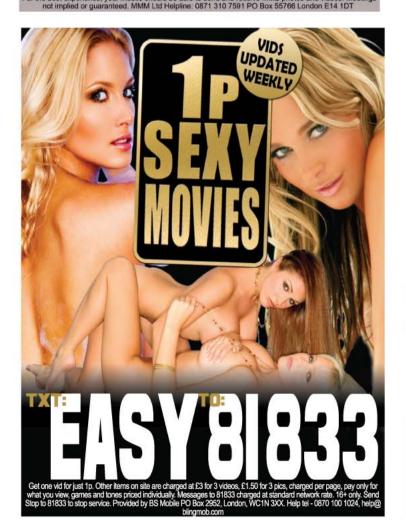


Strictly 18+. This is NOT a subscription service, 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (max. 4 billed messages sent to uper message into 68889) flootoxy/ideos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real people reproses. Some many be sent to users. Text stop to end (not case sensitive) You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages review may appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and not to be produced for fantasy entertainment only, areas to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com, please read the full terms and conditions fully Med 331. 77 Beak Street, Soho, London WIF 60B. To swap to a Different pressor was with evolors SVMP to 68889 a warntue. Plasse strate you was ceptor in your prove # your account was a PAYG USER. WE RESERVE THE RIGHT TO BAR USERS IF THEY MAVE NO CREDIT OR ARE UNDER 18. SERVICE. To stop the service text STOP to 68889 TMANAS.

### Nuts MUST HAVE

### **DATING**















10p each for 1st 15 | 25p per msg sent/ msgs sent/recvd. recvd thereafter. Minimum spend £1.50 'mwall' 'wwall'

'gwall' Helpdesk 0844 944 0002. Standard network charges apply 18+ only. Women: Network charges only. It will cost 25p per n sent/recvd until you send STOP to 88199. IP: X-On.

MIN SPEND £1.50

elpdesk 0844 944 0002. Standard network charges apply. 18+ only Texts charged at £1.50 for each 15 texts sent/recvd. SP: X-On.



### MATURE ADIES

Hot mature adies know how to get sexy with you! They're always willing to please new callers xxx



Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 0909 6



### **Experienced Ladies** do you need it hard & fast? Well just call these tasty oldies

SEXY &



### O+ YEAR

2053

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

Very adventurous into all sorts of things xxx

0908

OME Who know how to

get you turned on and excited when you need relief. It's total extreme fun all the way xxx

0909



best get off in the UK!

Live flirty chat Single girls who do all the work. Total pure sexy 1 on 1 xxx

0908 145 0580



0909 897

SEXY FUN

One of our top 50 girls will take your

call and give you a great sexy time -100% live so call

Local cutie girls

who get excited

with you xxx

For a super fast sexy relief that is mind blowing live sexy 121!

just give us a call. Girls giving

9442

0582

Lovely larger ladies

who just want to

give pleasure. 100%

private and offering

### 18+ hot, alone &

ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 2038



very excited xxx 0908

anytime you need to day or night xxx 0909 8 9412

0909

Who want to get excited with you. Adventurous and playful. Call them now at home xxx xxx

YOUR MIND Fun thrills that'll

blow your mind! If you want it live call now for the ultimate relief xxx

0908 145



Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 057



HAYE FUN

Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

a real sexy adult time 0909



Live sexy 121 -Pure adult chat with any girl that turns you on like crazy xxx

0909



### **YERY BROAD** NDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0908 145 0909 897 9333

DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx



When you just

cannot wait and need a real fast quickie session. Call now for relief



intelligent sexy girls with lots of energy that needs to be used now x

# VERY HOT

Girls that are at home that want

any guys any age to totally satisfy. Horny sexy 121 x

# Nuts PUB AMMO

A pint of your finest facts, landlord!



London has two police forces - the Metropolitan and the City. The latter is responsible for an area covering just one square mile.

People from Denmark use less toilet paper than those from any other Western nation.

Ex-Prime Minister Gordon Brown's first name is actually James.

Apple sold a million iPads in 28 days in the US. The iPhone took 74 days to hit a million sales in 2007.

The average British bedtime is 11.41pm on a weeknight.

The pitch at Wembley Stadium has been relayed nine times in three years.

Dolphins need air to breathe but manage to sleep underwater by shutting off half their brain while snoozing.

The quickest World Cup red card took just 56 seconds. Uruguayan defender José Batista was sent off in the 1986 tournament against Scotland after a challenge on Gordon Strachan.

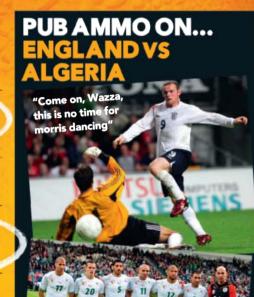
Every person has a unique tongue print.

Over 24 million photos are uploaded to Facebook daily.

In 18th-century France, orphans were fed by directly suckling milk from a goat or a donkey.

The members' cloakroom in the House Of Commons still has a rack specifically for MPs to keep their swords in.

The tennis term "serve" reputedly comes from the story that Henry VIII used to have a servant throw the ball up in the air for him when he played.



- England take on Algeria in their second group game at the World Cup – it's the first time the sides have faced each other.
- This is only the third time Algeria have qualified for the World Cup. They previously
- made it to the finals in 1982 and 1986.
- Algeria's nickname is "The Desert Foxes".
   Pompey's Nadir Belhadj and Hull's Kamel Ghilas are regulars.
- England vs Algeria,
   Friday 18 June
   7.30 pm, ITV1.

